

ROTARY YOUTH PROGRAMME OF ENRICHMENT RYPEN 2018

Castle Head Field Centre
Monday 8 October – Friday 12 October 2018

PARTICIPANT DETAILS & ENTRY REGISTRATION FORM

Please note: Entries must be submitted using this form only. All sections / questions on both sides must be completed. Incomplete entry forms will be returned.

Participants must be age 14, 15 or 16 on 31 August 2018.

**Please return with cheque for £407 Payable to “Rotary District 1190” by Monday 10 September 2017 to the RYPEN Secretary,
Sheena Marsden, 59 Greenways, Over Kellet, Carnforth. Lancashire. LA6 1DE
E-mail: sheenamarsden117@gmail.com**

Sponsoring Club.....
Contact Person.....**Tel.**,.....
Email:

1. Details of Participant (Block capitals please)

Name Date of Birth .../...../..... Gender: M / F
Home address
..... Postcode Tel No(s)
Email:

2. Parent's/Guardian's Permission (Block capitals please)

Ibeing the parent/guardian of the above named student agree that he/she may take part in the RYPEN course. They are fit to attend the course and take part in strenuous physical activities.
SignedPrint.....
Date
Emergency contact numbers.....

Upon completion of the Course each student will be presented with a photographic record of their achievements. Your agreement confirms that these images may be used, for promotional purposes only, by Rotary International and the Field Study Council. Please contact the Rypen Secretary (as above) if this is not agreeable.

3. Participant's Medical Information (Block capitals please)

a) Does he/she suffer from any condition of which the Castle Head staff should be aware? YES / NO
If YES, details please

b) Does he/she take any medication (e.g. asthma inhaler, insulin) of which the Castle Head staff should be made aware? YES/ NO
If YES, details please

c) Is he/she allergic to any medication? YES / NO
If YES, details please

d) State any special dietary requirements.....

e) Date of last Tetanus injection:

f) Details of family Doctor:
Name Tel.

4. School's Permission (Block capitals please)

I (print name please) have granted
..... leave of absence from school for the week commencing
Monday 8 October 2018.

Please note that it is possible that Castle Head may seek further information about your RYPEN participant before the course.

Name of School..... Tel No:.....

Signed Date

5. Essential Participant information

Please ensure that accurate answers to all the following questions are obtained from the candidate. Incomplete information will result in delays and /or possible refusal of entrant.

Have you spent nights away from home before? Yes / No.

If Yes - when? (an example)

What's your favourite out of school activity?

What's your favourite subject at school?

Are you fairly fit? What sports activities do you do and how often?

Have you camped in a tent before?

What outdoor activities if any have you done such as canoeing, sailing, climbing, hiking?

What is the most challenging thing you have ever done?

How do you feel about meeting other young people you don't know?

What do you think you will get out of attending the course?

Would you like to talk on the telephone to a young person who attended the course last year?

How do you feel about working in a team?

Give an example of when you have worked as part of a team.

Anything else we need to know about you?

6. Declaration by Sponsoring Rotary Club.

Representing the Rotary Club of
.....

I declare that the information above has been obtained as a result of close co-operation with the educational establishment attended by the candidate, the parents or guardian, and the candidate themselves.

I also declare that our candidate, together with his/her parents or guardian and school have been fully informed as to the nature and content of the RYPEN Course.

Sign.....

Print Date

Please ensure that the INFORMATION FOR PARENTS AND STUDENTS notes are passed to the students' parents / guardians with this entry form.

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**Castle Head Field Centre
Monday 8 October – Friday 12 October 2018**

INFORMATION FOR PARENTS AND STUDENTS

Rotary believes that, given the chance, all young people are capable of achieving great things. We believe that many young people just don't get the opportunity to develop their untapped potential and as a result miss out on so much.

This is where a Rotary RYPEN Course comes in!

RYPEN stands for Rotary Youth Programme of Enrichment. Its simple purpose is to help young people develop a real belief in their capabilities and provide an inspirational experience.

RYPEN CHANGES LIVES!

Head Teacher's Testimonial from RYPEN

“Harry and Chloe have returned to school and shared the experience of the Course with us. Quite simply it has been transformational for them of which we are all particularly grateful to Rotary for helping make that happen. Changes in confidence and raised self-esteem are quite apparent and it is clear that through your support, a significant and positive difference has been made to these two young peoples' lives”

WHAT HAPPENS ON A RYPEN COURSE ?

Students must be aged 14, 15 or 16 on 31 August 2018

The Course is highly motivational and based upon adventurous activities and team-building exercises. It is specifically designed to develop self-belief and confidence gained from team and individual achievement. Most of all it's fun! Typical activities involve conservation exercises, hiking, canoeing, climbing and a two-day self-supported expedition usually on the Lakeland Fells. It is run at the Castle Head Outdoor Centre near Grange-over-Sands in Cumbria. Castle Head are part of the Field Studies Council organisation. Their staff are all highly experienced and dedicated to providing a rewarding and memorable experience.

The cost is £407 per student which is paid by your local Rotary Club. The decision to invite a young person to take part in the Course is taken by the teaching Staff at School together with members of the Rotary Club. It was based purely upon the requirement to offer a place to the student who would benefit the most from a Course of this type.

WHAT HAPPENS NOW ?

Please decide if you wish to accept a place on the course as soon as you can. It's only natural that anyone might have second thoughts about being away from home for a few days and meeting lots of new people but, having been on the course, everyone agrees that they wouldn't have missed it for the world and that they had nothing to worry about. If you wish we can put you in touch with past students to talk over their experience.

Accompanying these notes is an Entry Form. Some of it will already be completed giving contact details of the person from the Rotary Club and the Schools permission to take part.

Please complete the **Details of Participant** section, the **Parent's/Guardian's Permission**, and the **Participant's Medical Information** sections. When completing the **Essential Participant Information** section, it is vital that as much information as possible is included. This will allow Castle Head to tailor the Course to best suit each individual student.

Return the form to your Rotary contact as they will need to sign the final declaration. They will then send the form on to the Course co-ordinator.

Kit and Equipment

A kit list is included with this information/entry pack. Castle Head can supply items you may not have, just let them know. Contact **0845 330 7364**.

Transport - Your Rotary contact will liaise with your school to arrange transport.

On Friday 12 October the Course concludes with a presentation given by the students to which parents and school staff are invited. This is followed by a buffet lunch. If you are unable to attend, your Rotary Club will arrange return transport. (There is a charge of £8 for lunch for parents and/or Rotarians who wish to attend. It is collected on the day.)

Your Rotary contact at the sponsoring club will be available to answer any questions you may have, and to ensure that a friendly face is around to support the RYPEN experience.

Extra information is available from the Rotary District 1190 RYPEN Course Co-ordinator. Sheena Marsden TEL: 01524 733359 or sheenamarsden117@gmail.com

Other useful information can be gained from:

Google Rotary District 1190 (or www.rotary1190.org) and click on Youth Service then RYPEN. Have a look at the link "Click here to find out how one young person benefited from this course." www.field-studies-council.org/castlehead