President Hazel’s Page

Rotary on Show!

Caring for the community was evident to all those who took up our offer of a free blood pressure test. It cost us nothing but time, so thank you to all our volunteers who manned the ambulance and those who spoke to the public. A team effort.

“The eye buys what it sees” and Millom Rotary was there for all to see..

My thanks go to our International Committee for gathering items and filling 29 Backpacks for Mary’s Meals. I am sure that some child will know that they are cared for when they receive their own backpack. Through education that child may turn a dream into reality and prove his worth in the world. Just because someone cared!

We are on show again at the UVHS Swing Band on Friday, May 15th. It is our major fund raising event for this year so please help to sell the tickets for what we know will be a really enjoyable evening.

We have 2 fun social events coming up in May

Firstly the Clay Pigeon Shooting at David Webb’s home on Thursday, 14th May at 2.00p.m. There will be a charge to cover the cost of clay and refreshments will be available.

Secondly, Croquet at Greenodd with Fish & Chip Tea on WEDNESDAY, 27th May at 2.00p.m. We had a lovely afternoon last year so if you couldn’t make it then don’t miss this one.

Look out for the board coming round at our meetings as you will need to book in for both these events. Guests are always welcome!

We are just ordinary people but sometimes we manage to do extraordinary things.

Thank you!
This is the collision between a Dublin Bus and a Dublin Tram!

Now have a look at the ad on the side of the bus that the Tram went into..... You couldn't make it up!!!!!!!!!!

Priceless!!
Know Your Blood Pressure Day

The Stroke Association says that high blood pressure is one of the main contributory factors for people suffering a stroke. They also say that there are no obvious symptoms to indicate that someone has raised blood pressure. This means that it is essential to have blood pressure checked regularly. To give local residents the chance to have their blood pressure checked without the problems of getting a doctors appointment we held our second ‘Know Your Blood Pressure Day’ in Millom on 18th April. Derrick’s daughter Camilla along with another volunteer paramedic managed to check around 130 resident’s blood pressure.

Many thanks to Camilla and Claire who checked the blood pressure, Carole Pogrel who did the paperwork and the members of the club who ‘steered’ residents towards the ambulance.
10 Pin Bowling

Getting ready!
The yellow frame helps those who are a bit less agile.

Now we’re improving our aim.

Presidential Style!

‘Strike’ coming up

Many thanks to Keith for booking the lanes for a great afternoon’s fun and fellowship.
Ulverston Victoria High School Swing Band

On 15\textsuperscript{th} May we will be hosting a return visit of the wonderful Ulverston Victoria High School Swing Band. The concert will be held in Millom Palladium and should be a major fund raiser for us if previous concerts are anything to go by. For it to be a success we need to sell as many tickets as we can. Certainly anyone who has heard the band will want a ticket and probably many of their friends and acquaintances.

Please do your bit to help when tickets are available ... every ticket sold means more money for our charity fund to help someone who we may never meet but who desperately needs us to be there for them. Try to think of it as an opportunity to give someone a great evening of entertainment rather than trying to part them from their money.

An amazing band of young people making wonderful music.

A full house are all eagerly awaiting the start of the concert in 2014.

\textbf{None were disappointed!}
2014-2015 Meeting and Events Programme

### May

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>7 May</td>
<td>Brockwood Hall</td>
<td>Business &amp; Fun</td>
</tr>
<tr>
<td>14 May</td>
<td>David Webb’s (p.m.) Brockwood (Evening)</td>
<td>Clay Pigeon Shooting Fellowship</td>
</tr>
<tr>
<td>15 May</td>
<td>Millom Palladium</td>
<td>UVHS Swing Band</td>
</tr>
<tr>
<td>21 May</td>
<td>Brockwood Hall</td>
<td>Cumbria Fire Service</td>
</tr>
<tr>
<td>27 May</td>
<td>Greenodd</td>
<td>Croquet &amp; Fish &amp; Chips (Wednesday)</td>
</tr>
<tr>
<td>28 May</td>
<td>Brockwood Hall</td>
<td>International Food Night</td>
</tr>
</tbody>
</table>

### June

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>4 June</td>
<td>Brockwood Hall</td>
<td>Committees &amp; Council</td>
</tr>
<tr>
<td>11 June</td>
<td>Brockwood Hall</td>
<td>Club Assembly</td>
</tr>
<tr>
<td>18 June</td>
<td>Thwaites V. Hall</td>
<td>Barbecue</td>
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<tr>
<td>25 June</td>
<td>Brockwood Hall</td>
<td>Handover Evening</td>
</tr>
</tbody>
</table>

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**The Hustle / Swindle**

Below is a rota for us all to have a go at baffling our fellow Rotarians, and relieving them of £1. *Please provide a small prize when it is your turn to run the hustle*

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>7 May</td>
<td>Derrick Walker</td>
</tr>
<tr>
<td>14 May</td>
<td>Gilbert Scurrah</td>
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<tr>
<td>21 May</td>
<td>David Webb</td>
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<tr>
<td>28 May</td>
<td>Arthur Ferguson</td>
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<tr>
<td>4 June</td>
<td>Bob Brown</td>
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<tr>
<td>11 June</td>
<td>Carole Pogrel</td>
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<tr>
<td>18 June</td>
<td>Ray Cole</td>
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<tr>
<td>25 June</td>
<td>Hazel Eady</td>
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**A View of the Mountains with Millom Inner Wheel**

Thanks to Millom Inner Wheel for inviting us to share in their evening and the presentation of stunning pictures of our fells and mountains given by Peter Gillett at Da Vinci’s Restaurant.

No doubt we are now all able to identify a few more features of our wonderful Lake District scenery... and we never even had to put on our boots!!
International Food Night

A New Date For Your Diary

28th May at Brockwood Hall

For An International Food Night

Come along, bring a guest and enjoy tasting food from around the world with good fellowship

All for the usual £12.50 per person

May / June Rotary Meeting Menus

For vegetarian, diabetic, allergy options or if you really can’t eat something talk to Hazel for an alternative.

May

7th Fish & Chips / Ice Cream
14th Broccoli & Stilton Soup / Chicken and Leek Pie
21st Salmon & New Potatoes / Apple & Cinnamon Crumble
28th International Food Taster Menu

June

4th Fish & Chips / Ice Cream
11th Breaded Mushrooms / Chicken & Roast Potatoes
18th [Away Barbecue]
25th Turkey & Roast Potatoes / Mille Feuille
Club Officers for 2015-16 As Agreed at The 2015 AGM

The following Officers of the Club have been elected for 1st July 2015 to 30th June 2016:

President: Ray Cole
President Elect: David Webb
Treasurer: Derrick Walker
Secretary: Chris Gibson

Service Committee Chairmen & Committees for 2015-16

Administration/Club Service
Chairman David Webb
Vice Chairman Bob Brown
Frank McPhillips
Ian Lockwood

Projects

International Service & The Rotary Foundation
Chairman Keith Nixon
Brian Bowe
Chris Driver
Gilbert Scurrah
Derrick Walker

Community & Vocational Service
Chairman Tony Jackson
Bryan Whitaker
Arthur Ferguson
Chris Gibson

[If you want to change your committee please see Ray as soon as possible]
Other Officers

Membership & Visits: Ian Lockwood
PR: Frank McPhillips
Welfare: Keith Nixon
Meal Treasurer: Derrick Walker
Attendance: Carole Pogrel
Speaker Coordinator: Chris Gibson
IT & Archivist: Chris Driver

Election of Club Council

It was proposed that in addition to the Officers of the Club (President, President Elect, President Nominee, Immediate Past president, Secretary & Treasurer) the Council is to consist of:

Chairman Comm. and Voc. Committee: Tony Jackson
Chairman International & Foundation Committee: Keith Nixon
Vice Chairman Admin Committee: Bob Brown
2nd Year elected Club member: Ian Lockwood
2nd Year elected Club member: Frank McPhillips

District Council Representatives

It was proposed and carried unanimously that District 1190 Council representatives be:

President: Ray Cole
President Elect: David Webb

Substitutes in the event that the above cannot attend Council:

Secretary: Chris Gibson
Past President: Keith Nixon
Words from Chris Driver & Ian Lockwood

Answering machine message,
"I am not available right now, but thank you for caring enough to call. I am making some changes in my life. Please leave a message after the beep. If I do not return your call, you are one of the changes."

Blessed are those who can give without remembering and take without forgetting.

Frustration is trying to find your glasses without your glasses.

Every morning is the dawn of a new error.

The irony of life is that, by the time you're old enough to know your way around, you're not going anywhere.

I was always taught to respect my elders, but it keeps getting harder to find any.

Aspire to inspire before you expire. (Chris)

*****

No dictionary has ever been able to satisfactorily define the difference between "complete" and "finished." However, during a recent linguistic conference, held in London, England, and attended by some of the best linguists in the world, Samsundar Balgobin, a Guyanese linguist, was the presenter when he was asked to make that very distinction. The question put to him by a colleague in the erudite audience was this: “Some say there is no difference between ‘complete’ and ‘finished.’ Please explain the difference in a way that is easy to understand.”

Mr. Balgobin’s response:

“When you marry the right woman, you are ‘complete.’ If you marry the wrong woman, you are ‘finished.’ And, if the right one catches you with the wrong one, you are "Completely finished.”

His answer received a five minute standing ovation. (Ian)
Mary’s Meals

On 23rd April we welcomed Duncan Hamlett of Lunesdale Club to our meeting to speak about the work of Mary’s Meals and in particular the project in Malawi.

At the end of the meeting we were able to give Duncan 29 filled bags for the Mary’s Meals back pack project. Below is an e.mail received from Duncan expressing his thanks on behalf of the charity.

Hi Mick,

Please thank the members for their warm welcome and hospitality last night, I have now got the 29 bags for collection on Monday afternoon on the first stage which will take around 2 months to get to Malawi and again thanks for the club’s on-going efforts with this project

If you are ever short of a speaker I am more than happy in the summer months to come over on behalf of the other charities.

Yours in Rotary,

Duncan

Mary’s Meals gives almost a million children a meal in school every day. That means they also get an education and a way out of poverty.

Duncan received 29 bags filled with things our children would take for granted.

Our 29 bags on their way to Malawi
Ay Up! Yorkshire Ingenuity

Three Yorkshire lads and three from London were in a ticket queue at York Central train station heading to Euston for a Scotland - England Rugby game at Wembley.

The Londoners each bought a ticket and watched as the three Yorkshiremen bought one ticket between them.

"How are the 3 of you going to travel on 1 ticket?" asked one of the Londoners

"Tha'll av ta watch an' larn." answered one of the boys from the North.

When the six travellers boarded the train, the 3 Londoners sat down, but the 3 Northerners crammed into a toilet together and closed the door.

Shortly after the train set off the conductor came around to collect tickets. He knocked on the toilet door and said, "Tickets please."

The door opened just a crack and a single arm emerged with a ticket in hand. the conductor took it and moved on into the next car.

The Southerners saw this happen and agreed it was quite a clever idea. Indeed, so clever that they decided to do the same thing on the return trip and save themselves some money.

That evening after the game, when they all got to Euston, the Londoners bought a single ticket for the return trip, while to their astonishment, the Yorkshire lads didn't even buy 1 ticket.

"How are you going to travel without a ticket?" asked one of the perplexed Londoners. "Ah teld thee, tha as ta watch an larn", answered one of the boys from Yorkshire.

When they boarded the train the 3 Londoners crammed themselves into a toilet and the 3 Yorkies crammed themselves into another toilet.

Shortly after the train began to move, one of the Yorkshire lads left their toilet and walked over to the other toilet. He knocked on the door and said "Ticket please".

There's just no ending to Yorkshire ingenuity, is there?
Earthquake in Nepal

A 7.8 magnitude earthquake has struck central Nepal doing a huge amount of damage. The quake is the worst to hit Nepal in the last 80 years and the time of writing it is known that there are over 5,000 dead with many more unaccounted for. Please think about how we can help those who have survived, but may have lost their homes and everything they own.
# Birthday Toasts & Vote of Thanks

**Rotary Year 2014 – 2015**

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<thead>
<tr>
<th>May</th>
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<tr>
<td>7&lt;sup&gt;th&lt;/sup&gt;</td>
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<tr>
<td>21&lt;sup&gt;st&lt;/sup&gt;</td>
<td>Birthday toast</td>
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<tr>
<td>28&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Vote of Thanks</td>
<td>Bob Brown</td>
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<td></td>
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<td>Birthday toast</td>
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<tr>
<td>18&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Birthday toast</td>
<td>Frank McPhillips</td>
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<tr>
<td>25&lt;sup&gt;th&lt;/sup&gt;</td>
<td>Birthday toast</td>
<td>Mick Eady (x3)</td>
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<tr>
<td></td>
<td>Vote of Thanks</td>
<td>Ray Cole</td>
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**Waste Not Want Not!**

A tour coach driver as driving with a load of seniors down a highway when he as tapped on his shoulder by a little old lady. She offered him a handful of peanuts, which he gratefully munched up.

After about 15 minutes, she tapped him on his shoulder again and handed him another handful of peanuts. She repeated this gesture about five more times...

When she was about to hand him another batch....he asked the little old lady, 'Why don't you eat the peanuts yourself?'.

'We can't chew them because we've got no teeth', she replied.

The puzzled driver asked, 'Why do you buy them then?'

The old lady replied, 'We just love the chocolate around them.'

*It pays to be careful around old people.......*
Clay Pigeon Shooting

At

David Webb’s Home

May 14th 2015

Starting at 2.00 p.m.

Light refreshments available.
Names to Hazel by 7th May please

Guests welcome.

Croquet and Fish & Chips

WEDNESDAY, 27th May

2.00 p.m.

At

Crake Valley Croquet Club, Greenodd

£4 per person + cost of F & C

Names to Hazel by 14th May please
Can’t Get To A Rotary Meeting?

Please Read This!

1. If you are not able to attend Rotary please let Hazel know by e.mail at hazleady7@gmail.com or phone 776140 no later than 10.00 a.m. Wednesday

2. After 10.00 a.m. on Wednesday please ring Brockwood direct on 01229 772329

Keeping in Touch ~ Contacts

To find contact details for any member of the club go to the club website www.millomrotary.org, login at ‘Members login’, go to ‘Contact and Search’ then ‘Club Members’. There you will see all current members of Millom Rotary Club with their addresses and telephone / mobile numbers. The website is updated as soon as changes are made .... unlike the telephone directory.

A Chinese Proverb

If there is light in the soul there will be beauty in the person.

If there is beauty in the person there will be harmony in the house

If there is harmony in the house there will be order in the nation.

If there is order in the nation there will be peace in the world.