

Position	Actual Time	Race No	Surname	First Name	Club Name	Category	Sex
1	00:34:37	541	Lowther	Charlie	Eden Runners	V40	M
2	00:34:40	78	Regan	Robin	Eden Runners	U18	M
3	00:35:57	548	French	John	Eden Runners		M
4	00:36:21	545	Reid	Bob			M
5	00:36:59	29	Daly	Tom	Keswick AC		M
6	00:37:49	576	Parkin	Michael			M
7	00:38:23	39	Hatcher	Jules	Border Harriers	V40	M
8	00:38:37	569	Holliday	Craig	Carlisle Tri Club		M
9	00:39:51	549	Ruddick	Simon			M
10	00:40:06	538	McCabe	David	Trawden Athletic	V40	M
11	00:41:00	106	Waite	John	Carlisle Tri Club		M
12	00:41:51	94	Stamper	Nick	Eden Runners	V50	M
13	00:42:47	557	Watt	Nico			M
14	00:42:57	14	Bullen	Pez	Keswick AC	V50	M
15	00:43:07	567	Groasdell	Wayne			M
16	00:43:32	51	Kiriakos	Yannis		V40	M
17	00:43:56	65	Morris	Andrew	Phoenix Striders	V60	M
18	00:44:11	570	Brown	Chloe	Howgill Harriers		F
19	00:45:00	80	Roper	David	Howgill Harriers	V60	M
20	00:45:13	579	Gurdon	Richard		V40	M
21	00:45:23	84	Saxon	James	Eden Runners	V40	M
22	00:45:28	571	Williams	John	Eden Runners	V40	M
23	00:45:35	568	Holton	Sarah		V40	F
24	00:45:45	544	O'Leavy	Sarah	Eden Runners		F
25	00:45:50	578	Wilkinson	Guy			M
26	00:46:03	577	Sudders	Dave		V50	M
27	00:46:21	537	Bland	Andrew		V40	M
28	00:46:26	96	Stokes	Andrew	Dallam RC	V60	M
29	00:46:29	93	Stamper	Linda	Eden Runners	V40	F
30	00:46:58	542	Guest	Christopher			M
31	00:47:16	98	Stott	Graeme	Howgill Harriers	V40	M
32	00:47:31	105	Waite	Josh		V50	M
33	00:48:03	550	Piercy	Dave		V60	M
34	00:48:18	32	Douthwaite	William			M
35	00:48:28	28	Davis	John	Eden Runners		M
36	00:48:47	79	Riley	John		V50	M
37	00:49:07	558	Casey	Michael		U18	M
38	00:49:32	76	Regan	David	Northern F	V50	M
39	00:49:58	551	Rinder	Karl		V50	M
40	00:50:12	566	Marshall	Amelie		U18	F
41	00:50:33	546	Sutton	Matty			F
42	00:50:36	563	Brown	James			M
43	00:50:53	49	Kendal	Chloe			F
44	00:50:58	48	Jones	Robert			M
45	00:51:03	69	Osborne	Mark	Eden Runners	V50	M
46	00:51:04	582	Jewell	Tony	Bodyfit Curve	V60	M
47	00:51:14	77	Regan	Clare	Northern F	V50	F
48	00:51:15	559	Haggart	Andrew		V50	M
49	00:51:25	72	Pennington	David	Hartfell Hill	V60	M

50	00:51:55	60	Martin	Megan		F
51	00:51:55	574	Brotherton	Sarah		F
52	00:52:01	543	Patilnson	Sally	V40	F
53	00:52:05	17	Campbell	Liz	V50	F
54	00:52:09	539	Willacy	Nicola	V40	F
55	00:52:18	7	Batty	Kathleen	Northern Fells Running	F
56	00:52:45	56	Lees	Jacob	Wiz Lees Fi U18	M
57	00:52:45	55	Lees	Chris	Wiz Lees Fi V40	M
58	00:52:50	41	Hearn	Maria	Helm Hill R V40	F
59	00:52:59	68	Nicholson	Helen	Eden Runn V40	F
60	00:53:16	40	Hatcher	Alson	V40	F
61	00:53:18	580	Macavway	Stephen	V40	M
62	00:53:20	62	McGuire	Christina	Lancaster & V50	F
63	00:53:21	63	McKeown	Paul	V50	M
64	00:53:31	67	Nicholson	Emma	V40	F
65	00:53:32	44	Hierons	Nigel	Eden Runn V40	M
66	00:53:38	585	Livingston	Katy	Eden Runners	F
67	00:53:45	536	Speight	Andrew	V50	M
68	00:53:45	22	Clark	Alison	V40	F
69	00:53:49	532	Bland	Lisa	Eden Runn V40	F
70	00:53:55	575	Tyson	Helen	Eden Runners	F
71	00:54:12	58	Lund	Chris	V40	M
72	00:54:33	61	McDonald	Samantha		F
73	00:54:46	57	Lennie	Wendy	V40	F
74	00:55:31	83	Sanders	Laura		F
75	00:55:37	114	Wright	Sarah	Eden Runn V40	F
76	00:55:47	553	Rinder	Danny		M
77	00:55:58	85	Scope	Graham	V50	M
78	00:56:05	561	Hall	Patrick	V40	M
79	00:56:14	86	Shaw	Lisa		F
80	00:56:36	583	Crisp	Shannon		F
81	00:56:36	54	Lees	Wiz	Wiz Lees Fitness	F
82	00:56:36	100	Studdes	Lisa	V50	F
83	00:56:39	81	Royall	Robert	New Balan V60	M
84	00:56:48	71	Patten	Jess		F
85	00:57:02	88	Simmons	Sarah	V40	F
86	00:57:07	533	Kay	Stephen	Eden Runn V50	M
87	00:57:13	560	Tombs	Tony	V60	M
88	00:57:16	109	Webster	Nicola	V40	F
89	00:57:18	99	Sturgess	Philip	V50	M
90	00:57:27	11	Boyce	Richard	Eden Runn V50	M
91	00:57:55	21	Chaudhri	Sarah	Cumberlan V50	F
92	00:57:57	33	Evans	Mark	V40	M
93	00:57:58	101	Swaddle	Jennifer		F
94	00:58:01	42	Hesketh	Mark	V40	M
95	00:58:03	590	No	Name		F
96	00:58:11	103	Thomas	Clare		F
97	00:58:26	2	Armstrong	Jenny	V50	F
98	00:58:59	23	Clayton	Sara		F
99	00:59:10	581	Gant	Linda	Bodyfit Cur V60	F

100	00:59:22	30 Dix	Helen		F
101	00:59:30	556 Earl	Laura		F
102	00:59:36	530 Davies	Mark	V40	M
103	00:59:40	112 Wilson	Laura		F
104	00:59:50	24 Clayton	Robert		M
105	00:59:53	13 Brooke	Tony	Eden Runners V40	M
106	00:59:55	50 Kendal	Samantha		F
107	01:00:04	554 Romsay	Anne Marie	V40	F
108	01:00:13	555 Railton	Linda	V40	F
109	01:00:33	1 Armstrong	Howard	V50	M
110	01:00:47	10 Bowman	Vicky		F
111	01:00:49	43 Hetherington	Mel	Eden Runners	F
112	01:00:54	90 Skelton	Lyn	V40	F
113	01:00:54	547 Chambers	Deborah	V50	F
114	01:00:57	66 Morrison	Suie		F
115	01:01:16	535 Fiddler	Kerrie	DH Runner V50	F
116	01:01:38	531 Fleming	Emma		F
117	01:02:08	565 Ninan	Graham	V40	M
118	01:02:08	564 Michan	Helen	V40	F
119	01:03:09	73 Pennington	Jane	Hartfell Hill V50	F
120	01:03:18	540 Blake	Nicola	V40	F
121	01:03:21	18 Cannon	Diane	V40	F
122	01:04:05	37 Gascoigne	Siobhan	Bodyfit Cur V50	F
123	01:04:50	75 Redmond	Deborah	Cumberland V50	F
124	01:04:56	53 Leah	Nicola	V40	F
125	01:05:19	586 Turner	Liesje	V40	M
126	01:06:04	74 Potter	Kate		F
127	01:06:17	572 Oakey	Emma	Eden Runners V40	F
128	01:07:01	534 Birkett	Alison	DH Runner V40	F
129	01:07:13	34 Feeny-John	Clare	Women on V40	F
130	01:07:13	15 Buxton	Ruth	Women on V50	F
131	01:07:50	562 Brown	Joanne		F
132	01:08:08	95 Stevens	Maria	V40	F
133	01:08:08	19 Cannon	Andrew	V50	M
134	01:08:40	108 Waterman	Gillian	V50	F
135	01:08:59	47 Jones	Debra		F
136	01:09:33	552 Rinder	Ella		F
137	01:09:55	104 Thompson	Ruth		F
138	01:09:55	89 Simpson	Lucy		F
139	01:10:15	20 Charlton	Avril	V60	F
140	01:10:20	588 Currie	Alice	U18	F
141	01:10:42	110 Welsby	Jill	V60	F
142	01:10:55	589 Currie	Richard	V40	M
143	01:11:43	64 Moorby	Jemma		F
144	01:12:14	5 Bardgett	Nicola	V40	F
145	01:12:19	102 Taylor	David	V50	M
146	01:13:44	27 Daniel	Karl		M
147	01:14:02	3 Armstrong	Samantha		F
148	01:14:46	92 Smith	Jane		F
149	01:15:02	46 Johncock	Annabel		F

150	01:16:38	107 Ward	Donna	V40	F
151	01:18:28	38 Gillett	Lindsey	V40	F
152	01:21:02	31 Donnelly St Louise	Howgill Ha	V50	F
153	01:23:51	573 Mudermot Kate		V40	F