

Cardiff Breakfast News

President's Message

I am now well into my 6th month as President and the time has flown!

We have continued with regular club meetings which have been the usual mix of business, speakers and most importantly fellowship. We have enjoyed a garden party at my house where the sun shone for us. As a contrast we visited the National Museum to see an exhibition on the Battle for Memetz Wood. The context for this was explained excellently by Richie Wood, one of our breakfast speakers



The Interactors have joined us several times to keep us up to date with their fundraising. I was also very pleased to join Rotakids on 2nd December for their 'Silly Socks' day. They raised ~£600 to buy a Shelterbox and the club through a combination of personal donations and club funds donated a second. We also learnt from Charles Pope about Rotaract, a small but very active group of university age youngsters. It has been very pleasing and a bit humbling to see the enthusiasm of the younger generations for helping those less fortunate.

As I enter my second six months I must thank the Council for their hard work and support. My special thanks go to our secretary Sue for all her efforts on our behalf.

At the recent SGM we secured our future up to 2020 with volunteers for President, President Elect and President Nominee.

I would like to wish you all a happy and successful 2017, particularly Maggie when she takes on the role of District Governor in July.

Sheelagh Lloyd Jones MBE

Wednesday Breakfast Meetings (7.30 am at the Whitchurch Golf Club)

- 4 Jan Committees and collection of goods for the Huggard Centre
- 11 Jan Club meeting & presentation of Bike Ride cheque to Prostate Cymru
- 18 Jan *No meeting - Charter Dinner on Friday*
- 25 Jan Speaker: *tba*
- 1 Feb Speaker: Danielle Treharne, Honorary Member, back from Uganda, and collection of goods for Paradise Run
- 8Feb Fellowship
- 15 Feb Speaker: *tba*
- 22 Feb Committees
- 1 Mar St David's Day Big Breakfast**
- 8 Mar Fellowship and collection of goods for Northlands

Visitors are welcome at any of our meetings. It would be helpful if visitors could warn the Secretary in advance.

COMING EVENTS

President Sheelagh invites you to our

20th Annual Charter Dinner

Friday 20th January at Whitchurch Golf Club, 6.30 for 7 pm

Our guest speaker will be **Keith Moger**,
President of Rotary Cardiff Bay
talking about "Cardiff Royal Infirmary"

Tickets £20

Formal

Contact Secretary Sue Hewardine



FRIDAY 27TH JANUARY 2017

LISVANE MEMORIAL HALL

7 FOR 7.30 PM

PAY BAR

RAFFLE

TICKETS £10.00 including light supper
from Steve Best (2076 1742) or
Rosemary Bentley (2062 1698)



St David's Day Big Welsh Breakfast

Join us again to celebrate St David's Day, with breakfast and traditional entertainment.

Wednesday March 1st 7.30 for 8 am at the Whitchurch Golf Club

Grand Raffle in aid of The Rotary Foundation

Please book places with Secretary Sue at £10.

Youth Competitions

Young Musician Area Competition Thursday 12th January 6 pm
in the Dutch Barn. Whitchurch HS

Youth Speaks Junior Club Round Tuesday 17th January 7 pm
in the Lower School Library, Whitchurch HS

Youth Speaks Senior Club Round Thursday 26th January 7 pm
in the Upper School Library, Whitchurch HS



A Full House for our Curry & Jazz Evening

On Monday 7 November we jazzed it up at the Rhiwbina Juboraj courtesy of Ana Miah. A full house of over 70 members and guests enjoyed a sumptuous 3-course Indian meal whilst being entertained by the Keith Little Jazz Trio.



The event raised £853 for two of the club's charities for this year, *Action for Children Wales* and the *5Cs*. Thanks to all who came and supported us.

More Crocuses for Polio

As part of the continuing *Purple4Polio* campaign we planted 500 crocus bulbs in the church grounds at St Michael's Church, Tongwynlais - some in the flower tubs and some in the flower beds. Rotarians Pauline Owen and Canon Neville Jones were helped by two Tiny Tots on their way to their weekly meeting in the church hall, assisted by the church verger Michael Griffiths who had prepared the ground beforehand. Now their Mums know about Rotary's campaign to rid the world of polio. Could the children become Rotarians of the future?



Yet more crocuses were donated to the George Thomas Hospice in Whitchurch, which were planted by some of their volunteers in the gardens used by patients and their families.

We look forward to a fine display of purple in the spring.

Ready Steady Cook - Young Chef 2016/17

A cooking extravaganza was held at Whitchurch High School on the morning of the 1st December. Four pupils, Jake Desmond, Daniel Fenton, Jasmine Hamon, and Jillpa Patel made their way to school laden with a wide range of ingredients.

They were asked to prepare a healthy three course meal for two people, costing no more than £15. Between them there was a wide range of dishes prepared and the judges, Chef Beth from Whitchurch Golf Club and Mrs Sian Jones, had a great time tasting the delicious food. The standard was high and the judges had quite a challenge choosing a winner and a runner up, but both agreed that the winner was Jasmine with Jillpa a close runner up. Jasmine will now go forward to the Rotary Young Chef Area Final on Monday 6th February at Bryn Hafren, School, Barry.



All competitors had prepared nutritional meals for the competition and they can all be proud of what they achieved. A special thank you to their teacher Mrs Sarah Smith who advised and encouraged them during the preparation for the competition.

Silly Socks for ShelterBox

Every day, somewhere in the world families lose their homes and livelihoods through natural disasters and conflict and ShelterBox brings emergency shelter to countless desperate people in every corner of the world. RotaKids at Whitchurch Primary School decided to organise a fund raising event to support ShelterBox by inviting all the pupils to bring £1 to school and wear **SILLY SOCKS**. Hundreds of children walked,



skipped and ran into school wearing a wide range of multi-coloured **SILLY SOCKS**. The RotaKids planned this event so that it would be a fun and educational day for all the pupils, from the very youngest 3 year olds in Nursery to the eldest in Year 6. Matt Roberts, a volunteer from ShelterBox spent the whole day at the school and, helped by the RotaKids, the tent was assembled in a record time of 40 minutes. ShelterBox also gave wrist bands to all the pupils in the school as a thank you for supporting this worthwhile charity.

The pupils were shown a video showing what the large green box contained and how it is transported to countries all over the world. The pupils were then given an opportunity to explore the tent and ask Matt questions. He had to put on his thinking cap as the questions were quite challenging, even from the little ones in the Infants School!

The **SILLY SOCKS** event raised £590, enough for the RotaKids to pay for one ShelterBox, and Cardiff Breakfast Rotary donated a cheque of £600 to purchase a second Box. RotaKids President Theo Lewis and RCCB President Sheelagh Jones presented Matt Roberts with two cheques totalling £1190.

Well done RotaKids for organising this fun filled day.



Rotary is returning to Pontypridd

At one of the meetings of the Dementia Friendly Communities project in Pontypridd, Maggie came into contact with people who expressed an interest in re-establishing Rotary in the town. So far nine people have said they are either definitely or probably interested. There have been preliminary meetings and a Christmas meal, and several small projects have been decided upon.

To give the group status in Rotary, RCCB is sponsoring the group as a Satellite Club. This means that when the new members join Rotary, they will become members of RCCB until they have sufficient numbers to apply for their own independent Charter, but in the meantime they decide their own arrangements for when to meet and what to do. The next meeting will be on Tuesday 10 January at 6 pm (venue to be advised). Anyone who is interested in finding out more should contact Maggie at maggiehughes704@yahoo.com.



The first project—collecting food donations for the local Food Bank

November was a Music Magpie Month



Chris reports that by disposing of our redundant mobiles, tablets, DVDs, CDs etc. through Music Magpie he has raised another \$62.44 which has been transferred to our KIVA account. There are a few items and a little cash still outstanding. This extra input and repayments of existing loans has meant that we have made five new loans in December, as far afield as Palestine, Guatemala and Armenia.

Bucket Collections before Christmas

The Club was again offered two Saturdays in December by Sainsbury's, Colchester Avenue. to collect for our charities, this year principally *Action for Children Wales*. The same condition applied, that we should provide some entertainment for their customers. So on the first Saturday some of our members formed a choir to sing carols under the direction of our own Mark Worwood on the keyboard. On the second



Saturday we were joined by our friend James Davies playing the tuba and four of his brass playing colleagues who played a variety of Christmas music. We are so grateful for their support. Over the two days we collected £651, which has been added to our Charity Account.

Rotary Club of Cardiff Breakfast

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Is Rotary for You? - Come and see what we do.