

# Cardiff Breakfast News

Two important events are imminent, which deserve our full support— Maggie Hughes becoming our next District Governor and Steve Best becoming our next Club President. Details below.





ROTARY:  
MAKING A  
DIFFERENCE

**Maggie & Bill**  
Invite you to join them at the  
**DISTRICT HANDOVER LUNCH**  
at  
**THE TOWERS HOTEL & SPA**  
Ashleigh Terrace, Jersey Marine, Swansea SA10 6JL  
On  
**Sunday 25th June 2017**  
at 12.15 for 1.00pm



Celebrating 100 years of  
Rotary in Wales



Dress code: Lounge Suits with Regalia Cost £22.50

RSVP to Rtn Pauline Owen, e-mail [j.eto@btopenworld.com](mailto:j.eto@btopenworld.com) by 9th June



ROTARY CLUB  
OF  
CARDIFF  
BREAKFAST

President Elect Steve Best invites you to the  
**Presidential Handover Dinner**  
Wednesday 5th July at Whitchurch Golf Club, 6.30 for 7.00 pm  
**Speaker: John O'Shea, Principal of Coleg Merthyr Tudful**  
Music during the Reception by members of the Cardiff County  
& Vale of Glamorgan Youth Orchestra

*Tickets £20 Formal*  
*Please contact Secretary Sue Hewerdine*

## Wednesday Breakfast Meetings (7.30 am at the Whitchurch Golf Club)

- 3 May Interactors and Paul Spencer Awards
- 10 May Club meeting and collection of goods for Paradise Run
- 17 May AGM
- 24 May Fellowship
- 31 May Evening Meeting (5th Wednesday) Dementia Friendly Training**
- 7 June Speaker: *tba*, and collection of goods for Northlands
- 14 June Speaker: Tony Edwards "*Lady Charlotte Guest*"
- 21 June Club Assembly
- 28 June Speaker/Fellowship
- 5 July *No morning meeting—Handover Dinner this evening*

*Visitors are welcome at any of our meetings. It would be helpful if visitors could warn the Secretary in advance.*

## OTHER COMING EVENTS

### Rotary Young Musician



Harpist Huw Boucher, the winner of our Area round of Rotary Young Musician, went on to win both the District Final and the Regional Final. He will now be competing in the National Final which is being held this year in Cardiff at the Royal Welsh College of Music and Drama.

This will be held on **Saturday 6th May**, and the instrumental competition starts at 11.30 am. Please come and support him. The vocalists sing in the afternoon, and we have to wait until 4 pm to hear the results.

Parking will be easy, with a Rotary carpark almost opposite the College in North Road.

### Whitchurch Festival and Fete

The club will again be helping at the Whitchurch Festival, this year we will be organising a Duck Race to take place on the Whitchurch Brook on Friday 7th July. Helpers will be needed beforehand to sell ducks, and on the day (in wellies) to control them. Look out for more details.



We are also planning to have a stall at the Fete on the Saturday

### Reading Assistance at Grangetown and Bryn Celyn Primary Schools

Steve Best has some unfilled slots in the reading rota for the summer term. He would welcome more volunteers, from within or from outside the club. If anyone is willing to become involved, please contact Steve on 2076 1742 or e-mail [sbestlisvane@hotmail.com](mailto:sbestlisvane@hotmail.com) for more details.

# Purple4Polio

The crocuses we planted in the autumn to promote the *Purple4Polio* campaign mostly produced a riot of purple in the spring. Unfortunately, the corms planted in the garden of the George Thomas Hospice were dug up by the squirrels.



*Planter at St Michael's Church, Tongwynlais*



*Planters in the courtyard garden at Bryn Celyn School*



*Crocuses amongst the spring flowers in the Rotary Garden at the Whitchurch Library*



*Crocuses in Cefn Onn Park. Maybe these include some of our original planting some years ago.*

## THE DEN — Men's Shed

For generations, a shed has been a place where men can escape from the stress and strain of life; a haven to gain much needed sanity; surrounded by familiar items; and to make things.

The 'Men's Sheds' movement is for men who have time on their hands, whether it is due to unemployment, retirement, bereavement or because they are new to the area. It enables them to pursue their interests, develop new ones, feel useful and have a sense of belonging. The movement began in Australia and has now arrived in Wales where there are some 20 Sheds. The latter were in evidence at the National Museum of Wales in October 2016 where the first 'EiShedFod' was held! The one essential common strand is that a Men's Shed helps reduce isolation and brings men together for a chat and to make new friends. The most important piece of equipment is the kettle!

The Den, whose opening financial oxygen has been provided by donations of £200 each from the Rotary Clubs of Cardiff, Cardiff East and Cardiff Breakfast operates from garage premises owned by Rhiwbina United Reform Church, whence it:



- ❖ Has helped in the general upkeep of the Beulah Community Garden.
- ❖ Has installed and refurbished equipment, including a large workbench, racking, storage cabinets and workshop tools (all obtained at minimal cost) in the garage.
- ❖ Has renovated and delivered a bench for use in Mackintosh Community Garden.
- ❖ Is constructing a new bench to fit around a tree in Mackintosh Community Garden.

The Den also has an allotment in Birchgrove where:

- ❖ A polytunnel is now in place.
- ❖ Vegetable planting has begun.
- ❖ A frame for hop growing is in progress.
- ❖ It is intended to place a shed, when one can be identified at little or no cost, for storage, shelter and refreshments.

There are currently 10 members who attend on a regular basis. The £25 annual subscription is intended to cover insurance, rental and refreshment costs; anyone interested in learning more - despite the title ladies will be welcome - should contact Philip Thomas 2075 1309 or e-mail: [philip.thomas8@sky.com](mailto:philip.thomas8@sky.com).



## ROTAKIDS raise £300 for Macmillan Cancer Support

As a Community Project, ROTAKIDS at Whitchurch Primary had lots of fun decorating the Assembly Hall with balloons and flags, when they invited parents, grandparents and guardians for a coffee morning on Friday 17 March. The school choir and brass and string groups entertained the audience, which was also invited to guess the number of '100s and 1000s' sprinkled on top of a sponge cake. Well done ROTAKIDS!

## St David's Day was a busy morning

St David's Day started with the club's Big Welsh Breakfast, when over 90 people, club members, other Rotarians and guests, and representatives of our three Interact clubs and school staff, sat down to a splendidly cooked breakfast with plenty of trimmings, including Welsh Cakes cooked by Sian Jones. Before and after the meal we were entertained to recitals of seasonal harp music played by 14 year-old Huw Boucher from Stanwell School, Penarth, (*see the story on page 2*). There was the usual raffle with excellent prizes donated by our MP Craig Williams, our AM Julie Morgan, and local businesses and members. The event was organised to raise funds for the "End Polio Now" campaign and raised a splendid £835.

Later that morning, some of the club went to the weekly coffee and cake morning



DG Steve (centre), Secretary Sue (right) who is a volunteer, and another satisfied customer.

held in the Old School in Lisvane. The coffee mornings are intended to raise funds for the redevelopment of the Old School as a Community Centre but this time the Trustees had offered to let the proceeds go to Rotary's "End Polio Now" campaign. Club members put up displays and sold the plum and green-gage jam specially donated to Rotary by Wilkins of Tiptree. District Governor Steve Jenkins came to explain what it was all about, and the local community policeman was an eager buyer of the jam. The morning raised £359. Our thanks to the Trustees and the organisers of the coffee mornings.



PCSO Ewan Turner with his jam

## Cardiff County & Vale of Glamorgan Youth Orchestra Concert

The *Showtime* concert on Friday 7 April, sponsored by the club, was another great success, with a large audience enjoying both spirited and sentimental renderings of music from well known musicals. The evening raised £1250 for the orchestra and £800 for the club's charity fund.



## Visit to the Royal Mint



Monday 27 March A group of 22 members and partners visited the Royal Mint Experience at Llantrisant, in lieu of our regular weekly meeting. Being the day before the official release of the new £1 coin, this was a particularly apt time. The tour and the exhibition can be highly recommended. Afterwards some of us enjoyed lunch together at the Caesar's Arms, Creigiau.

2017-18 will be the Centenary of Rotary both in Cardiff and in Wales.  
As a precursor to the celebrations, the Cardiff club has organised a Beating of the Retreat in Cardiff Castle on Friday 5 May. Details below.



**The Rotary Club of Cardiff present**  
**100 YEARS OF ROTARY IN WALES**



**Friday 5th May 2017**  
**Cardiff Castle**  
**5.30 Reception and Buffet**  
**7.00 Beating Retreat**  
**The Band of The King's Division**  
**7.40 Tour and Talk**  
**Firing Line Museum**  
**8.30 Home**

**Reception and Buffet £ 25**  
**Tickets from President Keith Wilson**  
**Tel: 029 2075 6523**  
**email: [keith@fairfield.gb.com](mailto:keith@fairfield.gb.com)**

The Band of The King's Division is notable for being the Regular Army's first professional brass band. Since their formation, they have attracted attention from around the world as well as making a name for themselves winning prizes and playing concerts.

### **Rotary Club of Cardiff Breakfast**

President: Sheelagh Lloyd Jones MBE

Secretary: Susan Hewerdine 029 2068 9265, [sue.hewerdine@gmail.com](mailto:sue.hewerdine@gmail.com)

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*Is Rotary for You? - Come and see what we do.*