

Cardiff Breakfast News

President Steve welcomes in the new Rotary Year



At the Handover Dinner on 5th July, Sheelagh Lloyd Jones handed over to Steve Best who became our President for a second time. Steve has penned his opening message — —

“SIMPLY THE BEST! (Emphasis on Simple!)”

Well here we go again—delighted to be President for the second time, building on all the errors and omissions from the first campaign! Wholehearted thanks to my predecessor Sheelagh Jones who carried the flag with distinction, including the early visioning sessions leading to valuable and enduring changes.



Our Handover Dinner was first class, with an excellent musical intro and a stimulating address about educational transformation in Merthyr adding to the generally vibrant atmosphere. And what an honour to have a personal video message from “President Trump”—although on reflection his tips for me were typically dubious and controversial!

We are extremely proud that one of our own —Maggie—sits in the top job of District Governor and we will support her year enthusiastically, including finding the best way to become involved in her chosen Dementia Friendly initiative. Watch this space!

I find the Club in good heart, and even though the years are rolling by we still put in a huge amount of energy and effort. Finding new members remains important and the prospect of sponsoring a Satellite Club in Pontypridd helps this indirectly so we will push this forward. The Club Assembly produced another action packed plan for the year. We are far from being the most cash rich club, but I don’t think any other can match us for action and versatility.

The Youth programme contains a wide range of competitions, continued support for vibrant Interact and RotaKids clubs, literacy support in 2 primary schools, RYLA, and much more.

The Community and Vocational programme plans a number of hands-on projects to help local communities and schools, for some of which we have applied for District Grant support. We will also continue to collect goods to support local charities for the homeless and needy.

The International programme anticipates the successful implementation of a water scheme we have been supporting in Ndori (Kenya) fronted by Swansea Bay club, and we will look to find one or more new schemes that we can support and maybe lead. Our help for small project financing in Third World countries through KIVA will continue. Disaster response will figure large as usual.

Most of all, let’s enjoy it and provide service with a smile! I hope I can make the meetings entertaining. We are already building into the programme plenty of fellowship, social events and visits and more suggestions would be welcome. See you first thing every Wednesday!

Wednesday Breakfast Meetings (7.30 am at the Whitchurch Golf Club)

- 6 Sept *No morning meeting—Quiz vs RC Dinas Powis this evening*
13 Sept Speaker: President Steve *“Trecking to Everest Base Camp”*, and collection of goods for Northlands
20 Sept Interactors and RYLA presentations
27 Sept Speaker: Richard Cunningham *“The High Flyer”*
4 Oct Business Meeting, and collection of goods for the Huggard Centre
11 Oct Committees
18 Oct Report back from the District Conference
25 Oct Speaker: *tba*
1 Nov Rotary videos, and collection of goods for the Paradise Run

Visitors are welcome at any of our meetings. It would be helpful if visitors could warn the Secretary in advance.

COMING EVENTS

In this year's **Rotary Quiz** First Round we have been drawn at home against Dinas Powis. Come and support our team of President Steve, Bethan and Zac, on Wednesday 6 September at the Whitchurch Golf Club, 6 for 6.30 pm.

Mike Sant is organising a visit to **Duffryn Gardens** on Friday 15 September at 1.30 pm for an afternoon Talk, Walk and Tea.

Maggie's District Conference is being held in the newly refurbished Crowne Plaza Hotel in Plymouth from Friday—Sunday, 13-15 October. Club members will be giving her lots of support, but if you have not yet registered, registrations will be accepted up to 19 September. The Registration Form can be downloaded from District 1150's website.

Rotary in S Wales and the Cardiff Club's Centenary celebrations continue on 1 November when the Cardiff Club is organising a Dinner in Jury's Hotel (which, as the Park Hotel, hosted the club's first meetings in 1917) preceded by a church service in Windsor Place URC church at 6 pm.

We shall again be assisting with stewarding at the **“Sparks in the Park”** Firework Display on Saturday 4 November. Details from Richard Cunningham.

Choir and Curry. The Youth Services Committee is organising another curry evening, this time with choir entertainment. Monday 13 November at the Juboraj, Rhiwbina. Tickets on sale soon and likely to sell out quickly. Contact Mary Davies.



Rotary Club of Cardiff Breakfast

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Is Rotary for You? - Come and see what we do.

Whitchurch Festival and Fete

The first week of July was a busy time for the club, culminating in the club's involvement in the Whitchurch & Tongwynlais Festival. This year we organised a Duck Race on the Friday evening, and ran a Bottle Tombola at the Festival Fete on the Saturday.

To prepare for the Duck Race, club members, clad in suitable waterproof gear, met to clear overhanging branches and other debris from the Whitchurch Brook on the Thursday evening. All 200 ducks had been sold, and on the Friday evening these were released to float downstream.



The lack of rain and therefore *lack of* water in the Brook meant that the ducks needed some assistance to avoid being stranded in the shallows or behind boulders; all were recovered before they floated off into the Taff. No spectators, members or children were lost, injured or infected! (The risk assessment before the event had identified water-borne diseases as a possible hazard.)

On the Saturday our gazebo was put up on the Common and the double Tombola, one for children (no alcohol) and one for adults (with alcohol) proved popular. The "Spin-a-Coin" sideshow also attracted customers. The net proceeds from all this effort was £551, which has been shared between the Whitchurch Community Association and the club's Charity Fund.



Primary Schools

The third week of July was another busy week for the club, being the last week of the school term in schools which have links to the club.

On the Monday, Richard Cunningham went to Whitchurch Primary School to present prizes for "Achievement" and "Effort" to two Year 6 pupils. Before the presentations he enjoyed a concert based on *Ali Baba and the Forty Thieves*.

Thursday saw the Year 2 Graduation Ceremony at Tongwynlais Primary School. *Dictionaries4Life* were presented by Steve Finch and Neville Jones who congratulated the children and staff on their achievement and told them about the good work that Rotary undertakes around the world and in the local community. It was an exciting day for all.

On the Friday, Philip Thomas went to the Court School to present *Dictionaries4Life* to the 10 leavers. The school provided haversacks to contain the dictionaries, and Philip was welcomed by Mr Beesley the new Head Teacher and Mr Hunt, Chairman of the Governors.



Also on Friday, Steve Finch went to Bryn Celyn Primary School in Pentwyn where Year 6 pupils entertained the parents and staff at their leavers' assembly with songs, costumes and their own take on TV shows such as *Britain's Got Talent*, *Are You Smarter than a 10-year old* and *Dr Who*. Steve Finch presented the leavers with Dictionaries and Encyclopedias and wished them well in their new schools next term.

News in Brief

Mike Sant took this picture of his fellow gardeners Philip and Neville relaxing after they had finished the summer tidying up at the **Whitchurch Library garden**



Vision Aid Overseas Another 83 pairs of used spectacles has been collected from the Lisvane Stores and sent on their way to Vision Aid Overseas.

Rotary Steps In to Help the New Emergency Simulator Suite at UHW

Cardiff University has a new undergraduate programme starting in September for “Emergency, Pre-hospital and Immediate Care”, based in the University Hospital of Wales at The Heath. An essential component of this programme ideally requires a Simulator Suite which mirrors a real emergency facility, containing such equipment as defibrillators, simulated ECG machines, ultrasound, monitors, trolleys etc. UHW has provided a room (under the Helipad) and, whilst the clinical equipment has been funded, appeals have had to be



made for furnishing the room and setting up. Help has come from a variety of sources including John Lewis, IKEA, Homebase, the Ambulance Service. The one outstanding item was the fitting of a clinical floor at a cost of £2000, without which nothing could be installed. Heather Guy brought this to the club’s attention at our meeting on 9 August and there was an immediate desire to help. There was also the suggestion that this might be something other local clubs would wish to support. As a result of Heather’s subsequent e-mails and telephone calls to all the clubs in Area 4 (Cardiff’s 8 clubs + Dinas Powis + Barry) the full £2000 has been subscribed, the floor can be laid and the equipment installed in time for the start of the new term. The new teaching facility will not only be used for undergraduate teaching, but also for postgraduates including nursing staff, paramedics, nursing assistants and doctors. What an example of Rotary working together.

Ndori Water Project



Picture—Rotary International/Alyce Hensor

In Ndori, Western Kenya, villagers have been unable to overcome the effects of severe droughts, which have resulted in increased poverty, malnutrition, hunger and destitution. This project aims to drill a fresh borehole to provide, via a solar pump, reliable fresh water which can be used both for drinking and irrigation. Irrigation will eventually allow the region to become more self-sufficient. The project is being carried out by the Rotary Club of Swansea Bay in association with the Karen club in Kenya, and we, together with four other clubs in South Wales, were invited to become partners.

We were able to offer the experience we gained in steering the Mbale, Uganda, water project through the processes of obtaining a matching grant from the Rotary Foundation, as well as contributing £1000, which has recently been paid over.