

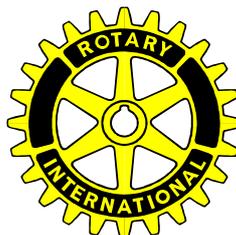
# THE ROTARY CLUB OF FALKIRK

District 1020

(Founded 1924. Charter granted 1924. R.I. No - 18793. R.I.B.I. - No 167.)

*The Old*

# ROTARY CALLING



News, Reports and Comments

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President Elect Jim Cairns  
Immediate Past-President Andrew Dawkins  
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Will be welcomed

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## MICRO LOANS WITH LENDWITHCARE.ORG

The Falkirk Rotary Club International Committee was asked by Convenor Andrew to consider operating a micro finance scheme in the new Rotary year. It was agreed that Robin should investigate this proposal and make a presentation to Council.

Lendwithcare is a UK registered charity which enables in excess of 32,000 mainly British individuals and organisations to lend interest free small sums to entrepreneurs in currently 10 very poor countries in 3 continents. Repayments are normally between 4 and 24 months. There are currently in excess of 100 Rotary clubs and 4 RIBI districts involved.

Council approved the project with an initial capital sum of £250 subject to approval at the Club Assembly. It was also agreed that a sub-committee be formed to approve lending projects which will consist of Robin (Chair) Andrew & Jim.

Following approval by the Club Assembly an account has been established with Lendwithcare and £240 has now been placed with 6 individual and group entrepreneurs in 5 countries and in 3 continents. Our impact on poverty so far has helped 42 entrepreneurs, 126 family members and created 3 jobs. Details of the loans will be published in this and future editions of Rotary Calling.

There are many individuals / Groups who seek assistance through Lendwithcare. One of them is a group of women from Malawi.

The Tigwiranemanja Group is made up of 10 women. They run a number of small businesses including selling clothes, vegetables, fish and groceries.

The majority of the women are married have children and also care for orphans between them.

The women started their businesses to enable them to buy supplies for their families. They require the current loan to purchase the commodities that they sell as part of their businesses.



Enelesi is 32 years old and is married. She has 4 children who depend on her. She sells clothes and powdered soap. She now requires the loan to purchase a bale of clothes, fabrics and stock for the business.

She started the business to lift her family out of poverty. She has been running the business for 5 years and she has managed to support her family and repay the previous loans. Her plans for the future are to educate her children to college level.

These loans while interest free, form a lifeline to people in poorer parts of the world which allows them to fend for themselves without relying on handouts. Enelesi is one of these people, whose children will now benefit as a result of her ambition and tenacity assisted by small loans through Lendwithcare.

# Mrs Broon Rides Again

*Last year and again this year the Club sponsored Riding for the Disabled and were treated to an inspiring talk by Anne Brown on her journey from fitness to Secondary Progressive Multiple Sclerosis and her achievements in Riding for the Disabled.*

*Here she tells us of her experiences this year.*

Last Year, 2015, I managed despite the odds, to compete at Hartpury riding an amazing wee 13h 2" cob called Ozzy. I was 11<sup>th</sup> but I was there.

The journey to get there took from 2009, when I had my first RDA lesson, till then via Bannockburn RDA closing, no horse, no coach, finding Ozzy, Helen Kallow (coach) stepping in to help, qualifying and a fundraising campaign to get me there.

This year was a whole different thing. Firstly Equi-Power Central Scotland RDA have a horse! Jaffa is massive and WIDE! I found out just how wide the day after my first lesson on him. I was like the wishbone that had been pulled. There were bits of me stretched that I didn't even know I had but gradually we got to know each other and I managed to qualify at West and Central Scotland Regional Qualifiers in June.

Right at the start I knew I wouldn't be going to Hartpury as Jaffa is Equi-Powers only horse at the moment and lessons on him are oversubscribed. I knew I couldn't take Ozzy as I'd shared him with Forth Carriage drivers last year and they weren't going. My coach couldn't go as her brother had been really inconsiderate and decided to get married that weekend, I mean, really??? Of all the times to pick, Nationals weekend?

It was ok though, I'd been and achieved my ambition but there was a wee sadness as I have Secondary Progressive MS and know that my walking distance is decreasing and I'd have loved to have gone.

Then came the call Wonder Kate (Kate Bennet Regional Chair) phoned and asked if I'd like to join their team from Gareloch as Helen Hill had qualified and would love to go. I could share Bobbie with her. Wow, well wait a minute till I think about it ...YES, YES, very much YES!!!!!!

Right there is one of the things I love about RDA, the way - individual RDA's can work together to their mutual advantage. Somehow I managed to fit in the 3hour round trip to Gareloch four times to get to know Bobbie, fit in a weeks holiday with the grand weans and fundraise with Equi-Power's help to be able to go.

*We were off .....I was living the dream again.*

The weekend was amazing. People speak to your face, not your crutches or wheels. Able bodied people seemed to be in the minority which is weird but very comfortable.



I was never once asked "Are you alright there?" by someone speaking as if I was a toddler, their pitying head tilted to the side as they rubbed my arm. If I'd fallen on my backside (not uncommon) I'd have been picked up brushed off and sent on my way. No Ambulance called, no accident book produced, no circle of onlookers mumbling about "drinking at this time of day!" I love it.

Anyway how did we do? Well Bobbie or Crass fire (his Sunday name) was a bit overawed by the whole thing. This was all new and scary and he was very vocal in telling us that. We hoped he would settle better for me as he was a bit freaked out with Helen although she came home with a 6th place rosette. She did great on an overawed horse. I had no expectations of any success and just hoped to get him round. I had a mini-meltdown in the morning as my box where I keep all my fears and insecurities opened up wide, but Super Kate gave me her duct tape which she has for emergencies and I was sent to my room to tape the box firmly shut! I've kept a piece of it in my purse for future crises when Super Kate might not be there. When we got in to the arena Crossfire was vocal and distracted by scary things like the photographer with a great big scary camera. I don't know how, but we managed to get round reasonably well and I was 7th which I'm delighted with. Even if I had been last though, the weekend was worth attending for the massive emotional hug you get. A hug of acceptance and support.

What of Bobbie? If he goes next year he'll be an old hand and will settle so much easier. Right now he'll be remembering his success as Crossfire at Nationals and how he managed to do well even though he was worried. He'll stand a bit taller and prouder knowing he CAN do. it and that's what counts.

Me? My abiding memories will be of Super Kate's duct tape and how we left the ring to a massive cheer from the audience led by Garioch Carriage drivers, then the voice of Angie Murray shouting "Well done Mrs Broon!" Both Super Kate and I had a wee "moment" as we exited. You can't beat that! Roll on next year.

## STRATHCARRON HOSPICE 10k Run Sunday September 25th

I've often heard the phrase "Cheque Book Rotary" used whenever it is suggested that members put their hand in their pocket. On the other hand I've also often heard the phrase "Service above Self".

This is an ideal opportunity to "Serve". Simply by spending two or three hours of your time cheering on participants in the run all of whom are sponsored, you will be instrumental in assisting towards the raising of upwards of £40,000 for Strathcarron Hospice.

It involves showing up in Denny about 10.00am being bussed to your marshalling Spot and then picked up again when the last runner passes about 13.00-13.30.

You will also be raising the profile of Rotary and the Club by wearing your Club Hi Viz waistcoat.

It's great fun and highly rewarding. Please contact Narek and let him know if you wish to help.

## CYCLE FOR SHELTERBOX



A late rash decision to take part in this event has resulted in possibly 6 Rotary members (currently Dalkeith, Esk Valley & Portobello) riding the 46 miles from Glasgow to Edinburgh with the idea of gathering up some funds to help support Shelterbox.

We have registered our Team as "Shelterbox1020" and we have a Virgin Giving donation page.

In first instance, if you would like to join us please email Jim Orr on [jasco59@gmail.com](mailto:jasco59@gmail.com) or telephone 07718 341676 for registration details.

## RECOVERY WALK SCOTLAND



Saturday 17th September will see the annual Recovery Walk start at the Kelpies and walk to Callendar Park. The walk will begin at 11.00am and the event will finish at 4.00pm.

The Rotary Club of Falkirk has sponsored the walk and hope to establish a promotional gazebo in the recovery Village at Callendar Park.

There will obviously be a need to staff that and additionally there will be an opportunity to help out by marshalling.

The Scottish Recovery Consortium (SRC) is a recovery-orientated charity. They exist to build and promote recovery from addictions in Scotland using means and messages that are consistent with the values and practices of recovery from addictions.

The vision of SRC is that Scotland will be a country in recovery from drug and alcohol addiction.

The SRC is an established recovery-orientated thought and practice leader in Scotland, a position that is increasingly recognised across the UK and is growing internationally.

The SRC is an agent of change. They try to alter the beliefs, practices and policies in our country and the cultures that support the proliferation of addictions in our citizens.

## RIBI CONFERENCE

The annual RIBI Conference will be on 7th—9th April next year in Manchester.

Full registration up to November 30 is £75.00 after that it's £80.00 or £85 on site on the day.

Day registration is £40.00 per day

Access the RIBI Web site for more detailed information. Links on our own site.

# Today's teaser!

What can be a horse, a loaf of bread, an ear of an arable crop, a male bird and an arachnid among other things?

## AUGUST REPORT

On the 4th of August Les Mason from the Fire Service delivered a powerful and confident address outlining how co-operation between the emergency services has resulted in a “first responder” system for Cardiac Arrests that sees the first on the scene to be a fire engine whose occupants will stabilise the patient until the paramedics can attend.

The following week Susan McConachie spoke passionately about the incidence of mental health problems among post natal women . Previously dismissed globally as “Post Natal Depression” women's mental health during and after pregnancy can range from mild mental health problems concerning ability to manage, to a syndrome known as Postpartum Psychosis which can be potentially devastating.

On the 18th Colin Ferguson entertained us right royally with his take on the breadth of Scottish Poetry. His presentation included quotations and recitations from sources as diverse as Modern prose, Robert Burns, Robert Service and William Topaz McGonagle.

## Thought for the day

Years ago I met Richard Burton in Port Talbot, my home town, and afterwards he passed in his car with his wife, and I thought, “I want to get out and become like him”

*Anthony Hopkins*

Our last speaker of the month was Lisa McCann who enthusiastically outlined her work as a volunteer and in particular her trip in that regard to Borneo. After graduating from her Psychology degree in 2002, Lisa participated in the Raleigh International Programme as a Millennium volunteer from October to December that year.

### CHARITIES DAY

At the time of going to print little information is available. President Margaret however is full of praise for those who turned out on the day considering the inclemency of the weather.

Nonetheless it would appear that somewhere in the region of £800 was gathered and considering that it was necessary to shut up shop early, that's not bad at all. More detail next month.

## ROTARY DUTIES AND PROGRAMME

Date	Speaker	Subject	Speaker's Host	Visitor's Host
1st September 2016	Gillian Niven	The Atlas Mountains	Richard Johnston	Gillies Sinclair
8th September 2016	Narek Bido	Our Web Site	Bill Laurie	Andrew Dawkins
15th September 2016	Tom Lawton	Forth and Clyde Canal	Ronald Mochrie	John Struthers
22nd September 2016	Kris Elliot	Team Noble	Raymond Morton	Jim Watson
29th September 2016	Alex Galloway	Alaskan Gold Rush	Sandy Murrison	David Wheeler

Date	Cashier	w/c	Station Tubs
1st September 2016	Hugh Gillespie	29th August	Jim Watson & Robin Johnston
8th September 2016	Jim Hay	5th September 2016	Robert Hannigan & Linda Noble
15th September 2016	Robert Hannigan	12th September 2016	Stewart Ross & Ronald Mochrie
22nd September 2016	George Honeyman	19th September 2016	David Wheeler & Robert Grant
29th September 2016	Brian Jack	26th September	Robert Craig & Tom Curry

## NEWSLINE READERS

The following Rota for the reading duty on Thursday evenings has been published by Jim Cairns.

Each participant should receive the key to the premises from the previous participant on the Thursday Lunchtime on the day of duty, . You should present yourself there at 18.45.

DATE	READER
1st September 2016	Jim Cairns
8th September 2016	George Honeyman
15th September 2016	Sandy Murrison
22nd September 2016	Sandy McGill
29th September 2016	Hugh Gillespie