Welcome to New Members

Member       Club           Member       Club
Steven Bowditch       Carlisle       Meriel Steele       Ambleside
Michele Coates       Bassenthwaite       Will Steele       Kirkstone
Mian Ghulam Sarwar       Burnley       Paul Radcliffe       Ambleside
Dawn Perrington       Lunesdale       Lynn Walmsley       Kirkstone
Anthony McGuckin       Workington       Revd Ruth Simpson       Wigtown
Sue Rooker       Derwen       Barry Walker       Thornton
Vicky Hope          Blackpool             Samantha Taylor     Cleveleys
David Fann         Palatine       Angela Proctor       Darwen
Wilf Bailey          Silloth         Nathaniel Johnson     Darwen
Denise Patterson      Silloth         Andrew Iredale       Blackpool
Jennifer Rowlands     Silloth         Leonard Aasa          Preston
Karen Groucott       Silloth         Jason Rothwell       Darwen
Lyndsay Wise         Silloth         Pam Downs          West Lakeland
Nicola Brierley      Silloth         Philip Stanley        Windermere
Owen Martin          Silloth         Kathy Barlow        Windermere
Paul Donald          Silloth
Tanya Briggs          Silloth
William Wise          Silloth         Blackburn
Rowland Lawes         Silloth         Lancaster
John Jones                  Loyne

For more information or to find your local Rotary Club in Cumbria or Lancashire visit our website www.rotary1190.org or you can email the District Secretary at secretary@rotary1190.org. We would be glad to hear from you.

Next issue (Spring) will be published and distributed at the District Council Meeting at Lancaster University – 11th April 2018. NB Deadline for feature submissions will definitely be 4th March 2018 But please don’t wait for the deadline date – send copy and photos (jpegs please) as early as possible.

All submissions are gratefully received, but space is limited and your article may be shortened or even left out. Overflow articles may be published on the district website, at tinyurl.com/rotary1190overflow

Please be assured that every effort is made to publish the stories that we receive.

Views expressed in the magazine are not necessarily the views of Rotary District 1190 or the editorial team at Rotary NorWest.

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From the Editor

Ken the editor writes…..
Welcome to the Winter edition of your magazine! Of the 68 Clubs in the District nearly 40% have got something in this issue, so why not try to make it 50% for the Spring issue? Just email me and let the world know what your Club is up to!
I’d like to offer a special welcome to our new Public Image Chairman Herbert Chatters and his wife Joy who’ve moved into the District from Scotland. They’re both retired professional newspaper people and will be taking an increasing interest in the magazine going forward, so welcome to you both. Just room for a short apology now….

Ken

Apology to Darwen Rotary Club

In the article I wrote on Primary Technology last issue, in the role of honour for clubs taking part I inadvertently left out Darwen Rotary Club. Total apologies, especially as they were the first club to actually run an event in the District.

Pete Lambson

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Features

DG Larry Writes + Barrow Club helps leukaemia girl 3
AG’s role – a look back over last three years 3
Young Writer District Results 4
Rotary Charity Centenary Dinner raises over £400 5
Rotary Clubs Working Together at the Westmorland Show + Pub Walk Smashes Record 5
Polio Hits Big Screen + Marche ou creve! 6
Hyndburn Bonfire a Roaring Success + Exploring the Taste Buds! 7
Heartbeat Saves Lives! 8
Lytham Technology Challenge + Rotary Visit To Workington RNLI Station 9
News In Brief From Church & Oswaldtwistle 10
Going Fast but Staying Still! + Hurricanes and Racing Ducks! 11
Carlisle Youth Speaks and Hospice Grant 11
Furness Plants Crocus Bulbs + Blackpool South British Empire Medal 12
Penrith Rotary Club 10Km and 4Km Trail Runs 12
Fleetwood visit Nigeria + The Beeb’s in Town! 13
Appleby Helps Air Ambulance + Kendall Crocus Planting 13
Great Harwood & Rishton’s Busy Summer – A Nationwide Campaign 14
Prescot Supports Deafway’s Work in Nepal + Pudsey in Kirkby Lonsdale 14
Lytham got all steamed up + DG Larry visits Kirkham & Rural Fylde 15
From the District Governor

Our DG Larry Branyon writes…..

The first part of the Rotary year is now over and hopefully everyone enjoyed their Christmas break and New Year celebrations. Having visited 50 of the 68 clubs and attended 16 out of 23 Charter celebrations, I start my travels around the District again in early January.

The world needs Rotary more than ever – we experienced 4 major hurricanes in the USA and Caribbean last autumn, in addition to flooding in Bangladesh and a refugee crisis in Myanmar, while closer to home parts of Lancashire experienced severe flooding following torrential rain. Rotarians throughout the world have been very generous in providing financial support to purchase Water Aid and Shelter boxes.

But we must not forget that our primary aim in Rotary is to have fun and make new friends. Rotary was never intended to be a fund-raising organisation, but rather one that tackles projects. To undertake most projects however, we need to raise money. Our focus remains the eradication of Polio, together with promotion of peace throughout the world.

We are very privileged to be able to welcome Rotary GB & I President Denis Spiller to our District. He was hosted by the Rotary Club of Sherborne Castles who were advised to get assistance from the Rotary Club of Barrow RC President Mike Lovell when he had the pleasant task of presenting the cheque to Aimee’s family on their and Deanna’s behalf.

Picture shows Mrs Joanne Robinson and daughter Aimee receiving the cheque from Barrow RC President Mike Lovell.

Bob Herbert

Barrow Club Helps Leukaemia Girl

Barrow Rotary Club bridged a 250 mile gap to help the family of a young girl who has been undergoing treatment for leukemia.

Ten-year-old Aimee Robinson, who lives in Barrow and was diagnosed with leukemia last year, has had treatment at the Royal Manchester Children’s Hospital.

She spent more time in hospital that anticipated because following aggressive chemotherapy, Aimee had a stem cell transplant using umbilical cord blood.

She did well following the transplant and spent time in isolation. But she later developed graft versus host disease which is when particular types of white blood cell in the donated bone marrow or stem cells attack a body’s own cells.

It meant Aimee had to spend further time in isolation as she recovered from GVHD.

This put a financial strain on her family because her parents have not been able to work as much as normal, struggling to make ends meet financially with the cost of their frequent trips to the hospital and their accommodation costs.

An AG’s role – a look back over the last three years

I was first invited to consider being an AG immediately after a year (almost) as Club President. However, that year had not been a full year as I stepped in when after only six weeks, our then-president resigned and left Rotary. So it was a couple of years later when I had actually done a full year as president that I finally made the qualification.

People said to me that being an Assistant Governor was one of the best jobs in Rotary. My initial thought was “yes they would say that wouldn’t they – they want me to volunteer!” The reality is that I now firmly believe that to be true. Why do I think that?…..

• I get to visit eight clubs stretching from Lancaster to the south to my neighbouring club Ambleside Kirkstone in the north and as far west as Grange over Sands and Ulverston. In every one of those clubs I always receive a warm welcome.
• My stated aim in each of those clubs is NOT to act as Big Brother but to act as a friendly face who can offer support and ideas which I have seen work in other clubs.
• Often I am invited to join the “top table” if there is a meal involved but I also like to sit at the other tables so that I get to speak to members who perhaps do not have a club officer’s role.
• Another of my aims is to do my level best to support the DG during their year of office. That might include deputising for the DG at a charter or other event where there are clashing commitments.

• As AG you also become involved in the District Exec. meetings which gives yet another insight into the Rotary organisation.

• The time commitment is not excessive although June does tend to be the busiest month as I visit all of my eight clubs for their club assemblies.

The training provided for AG’s has been really good and relevant. In the past that has involved going to the hotel alongside the NEC in Birmingham (though that is set to change to Warwick this coming year in an effort to cut costs). That training gave me the chance to better understand the role and helped me to play a role in the decision making process at District level.

Occasionally, funny things happen though. Such as the time in the lift at the NEC when a young lady sharing the lift with me read my name badge, grabbed my hand and announced that she was so honoured to meet me and that she couldn’t wait to tell her friends downstairs who she had just met in the lift! I didn’t have the heart to spoil her surprise but bearing in mind that the “other” Richard Attenborough had died six weeks earlier – I often wonder what her friends said to her when she told them!

So there you have it – an AG’s job is never dull, often rewarding and even inspirational but it also gives you a chance to play a valuable role – and yes… I really do think it is the best job in Rotary. I shall miss it next year as I am now well into the third and final year. Club presidency beckons once again though!

Richard Attenborough
Reflection on a Life worth Living

Little did I realise that as I held her tenderly, this would be the last time that I saw her sunny face. Every time she smiled, her face radiated love. My grandma was a beautiful person, inside and out!

From a young age, my grandma had been the centre of my universe; this lady nourished my soul. She taught me to read; we read the paper every day; we did crosswords; we baked. She taught me to be the best person that I could be. Her mantra: be your best, try your best, look your best. These words still resonate inside my heart.

How can life be so cruel? How can life snatch somebody away from you the minute that you need that person the most? How could the gulf in my soul ever be filled? Emptiness...sadness...loss...

That fateful day will be etched upon my heart forever. Collected from school by my dad, I thought that it was strange. He sat there in the car park in his car looking despondent. Where was mum? He couldn't answer. Silence. I understand the cliché 'deafening silence' now. We drove along in silence. No conversation. No radio. Eerie, worrying silence. Eventually, he pulled slowly into a lay-by...

Sullen fat raindrops plodded down the windows; grey clouds tussled peevishly in the sky and the cars droned past with purpose, determined to return home to their families. The streetlamps gradually came on, illuminating the road and reflecting in the puddles. My dad turned to me; he did not know quite what to say.

“What’s wrong dad?” I asked.

“It’s your granny...” he replied. The words seemed to choke him; the words became lodged in this throat; if he did not say the words, it could not be true. His forehead crumpled; he looked older and tired.

Fearing the worst, I started sobbing: my granny had passed away. It’s the realisation that you will never see that person again; loss is just that. If you lose your keys they can be replaced; purses can be found; new watches can be bought. A person can never be replaced. Admittedly, she will never be forgotten. How could I ever forget my wonderful granny? But it’s the tangibility of her warm comforting body. She held me so tight, so close that nothing could ever worry me when I was in her arms.

I’d never been to a funeral before. I didn’t even have a black dress. But I reminded myself that Granny only wore ‘happy’ colours. My outfit was a flourish of colour; I wanted to personify happiness. Coffin, hymns, readings: it was a service to be treasured. It was a celebration of granny’s life; it offered little comfort and failed to fill the hollow in my heart.

As I reflected upon her life, the loss, my sadness, I realised that if I continue to reflect her positive attitude to life, she will live on in me. She always saw the bright sunshine and failed to dwell on the rain; she saw the best in people and superlatives were sprinkled freely in every conversation!
Thanks to Great Harwood & Rishton Rotary, a Foundation Celebration Dinner was organised to celebrate 100 years of Rotary International’s Charity, called ‘The Rotary Foundation’ (TRF). Attending the Dinner were 60 members, partners and friends from 8 local Rotary Clubs, held at the Foxfields Hotel, Whalley. The charity covers 6 main areas of focus; Education & literacy, Water & sanitation, Peace conflict resolution, Mothers & children, Health & wellbeing and Growing economies. Local Rotary clubs are involved in projects in Africa, Nepal, Sri Lanka and supply aid to the many recent natural disasters in the world.

Rotary played a Role in the Formation of the United Nations, with the Rotary Club of New York building support during the formative years and in selecting New York City for the Permanent Headquarters of the United Nations. More than 60 years later, Rotary International still maintains the highest consultative status with the United Nations of any non-governmental organization.

By the late 1940’s there were more than 6,800 clubs in more than 81 countries, and Rotary was already working on projects around the world to diminish the causes of war and aggression. Rotary is also deeply involved with the ‘Eradication of Polio’ around the world. By continuously vaccinating young children around the world the disease has been reduced from 27 cases in 2016 to 13 cases so far, this year; from 350,000 cases in 1988 to 37 for the full year of 2016.

The photo shows some of the delegates who attended the function from left to right: President Helen Birtwistle from Accrington, President Roni Coutts from Blackburn, President Pam Holgate from Great Harwood & Rishton, President Tony O’Hara from Darwen, President Linda Bindless from Ribblesdale, President Elect Anne-Marie from Great Harwood & Rishton, President Frank Brown from Clitheroe and President Elect Lyndon Heap from Church and Oswaldtwistle. Mike Jackson

Three Rotary Clubs, Kendal, Upper Eden and Lunesdale, had members at the Westmorland Show to man the stand show-casing an iron lung. This now obsolete but amazing piece of medical equipment helped victims of the paralysing disease polio to breathe. Rotary International continues to champion the campaign to eliminate polio from the world, together with The Melinda and Bill Gates Foundation. Today people are immunised against the disease.

Visitors to the show were keen to chat about the lung, including many older people who remembered family or friends spending time in one. People were not asked for money, but it was gratifying to see how many put a donation in the collecting buckets.

Picture shows Robert Sykes RC of Kendal, Roger Frank RC of Upper Eden, Lilian Barton and Brian Beard RC of Lunesdale

This year’s Pendle Pub Walk is on course to raise more than £100,000 for Pendleside Hospice. A presentation was held at a recent meeting attended by members and Christina Cope, Fundraising Manager for Pendleside Hospice. She announced that the amount raised so far was an amazing £91,303 and there is still more to come.

In addition, nearly £10,000 has been raised for local Rotary charities thanks to the registration fees from over 2,000 walkers. Rotarian Bob Nolan raised £1,100 and received the Brian Doney Memorial Tankard from Kay Doney for the most sponsorship funds.

President Ewen Dyda said “We are amazed, but not surprised by this record breaking amount. The event has already raised more than £250,000 for the Hospice over the years and we thank members of the public for their continued support.” Plans are already in place for Pendle Pub Walk 2018 on Saturday 16th June 2018.

For more details visit: www.pendlepubwalk.co.uk Kevin Martin

Lilian Barton

Winter 2017 5
Polio Hits Big Screen

Prosecco corks popped and there was a fizz in the air at the Gala preview showing of ‘Breathe’ — the film that promises to be the cinema hit of the year. Around 300 Rotarians and other cinema goers filled the reception area of Lytham’s Lowther Pavilion before stepping on to the red carpet and enjoying their sparkling wine in style.

The event was a coup for the Fylde being the first advance showing of ‘Breathe’ in England and the first such event for the newly refurbished Pavilion Theatre. A joint venture by the three South Fylde Rotary Clubs of Lytham, Kirkham and Rural Fylde and St Annes, the event was also a commemoration of World Polio Day on 24th October and raised several thousand pounds to end polio thanks in no small way to Microsoft boss Bill Gates’s promise to triple all Rotary donations to End Polio Now.

Rotary District Governor Larry Branyan welcomed everyone and prior to the film the audience heard on video from Bill Gates and others about the importance of reducing polio figures to zero. The film was introduced by Rotary GBI President 2019-20 Donna Wallbank who had travelled from South Wales for the occasion.

Leading actor Andrew Garfield who portrayed Robin Cavendish - the world’s longest living ‘responaut’ spoke on the Andrew Marr Show the following morning praising Rotary for its part in helping slash the number of polio victims from hundreds of thousands a year to single figures. ‘Breathe’ goes out on general release on 27th October. President of Kirkham and Rural Fylde Rotary Club Roger Kendrick said; “We must continue the fight until the world is free of Polio.

We’re almost there.  Robert Dunn

Marche ou creve!

With luck that should have caught your eye. It is the title of a book I read many years ago about a man in the French Foreign Legion. It means quite simply move or die. And that is the attitude we must assume over membership. We cannot go on losing clubs and Rotarians at the current rate or in a decade or two there might well be no District 1190.

Membership has two strands, firstly retention. We must hang on to the members we have making sure they are involved in all aspects of clubs’ activities and supporting them where necessary. Secondly, we need new members. Dylan sang to us that “The times they are a’changing” and so they are and we must change with them. When I joined Fleetwood in 1969 the club consisted of men in suits meeting for lunch and possibly being a little secretive. It was a male only organization. Now we are now looking for team players, those keen to support their communities and do good in the wider world. We want younger members and more women.

So, who is to get these new members? Every Rotarian in 1190 from the D.G. to the newest member. From the oldest to the youngest. It is not my job to get you new members but the Membership Committee is there to help, advise, enthuse your club to be bigger and consequently doing more good works.

It is no longer good enough to be complacent and say Oh! We are all right. May be now but in five, ten years’ time. Received wisdom suggests we need to replace ten per cent of club membership every year to make up for losses.

So those with long memories might well remember the dictum of the late DG Eric Firby, only ten two letter words but very telling – “If it is to be, it is up to me”. Verbum sapienti.

Derek B. Timms
Membership Chairman 17/18
The annual Hyndburn bonfire held at the Accrington Cricket Club ground was organised by the three local Rotary clubs, Accrington, Church and Oswaldtwistle and Great Harwood and Rishton. Fortunately, the weather kept dry allowing the public to watch the event in good conditions. Local firms supplied many loads of wood and pallets, ensuring this bonfire year after year is one of the biggest in East Lancashire.

Helping to prepare the bonfire and carry out the stewarding during the event were Rotarians and Friends of Rotary, in attendance during Friday afternoon and from early Saturday morning, with a clean up on Sunday.

Over 2,000 people from the Hyndburn area attended the bonfire, with net receipts expected to be around £2500. This amount is lower than in previous years as there were other competing events on the night.

The Organisers wish to thank the firms who helped this project, TCS Waste Limited, who supplied the skips and Accrington Market Hall for supplying the barriers. In addition, the Rotary clubs appreciate the help from the committee of Accrington Cricket Club for allowing the bonfire to be held on their premises.

Rotarian Jacquie Baldwin, from the Accrington club said “This annual bonfire is one of the key joint Rotary events of the year and I wish to thank everyone who were involved with the pre-planning and erection of the bonfire. The public of Hyndburn always turn out in large numbers wet or fine, which ensures a significant amount of money is raised which will be distributed to local charities”

Mike Jackson

Ulverston Beer Festival was visited by a few intrepid members of the Rotary Club of Furness.

A motley crew of Rotarians gathered at the Coronation Hall in Ulverston to imbibe fermented malt liquor of various flavours, colours and strengths. Various methods of transport were used to get to the venue: one group got a lift from a sympathetic car driver friend, others used taxi, bus and train or combination of such transport. All got stuck in to tasting their favourites choices of pale, golden, brown or dark beers with cider also available. All these liquids of delight were sourced from far and wide and to slow down the process of inebriation, all present only drank half pints!

However, as the night went on, the noise in the hall got louder and there were some accidents, with an embarrassing one for poor Vice President oops! By the time of our departure for a meal at the Stan Laurel Pub, we were a merry band of Rotarians and guests. The meal was tasty and served promptly, and we all tucked in to our choices with relish (malt liquor has the effect of increasing the appetite!)

Finally, we all dispersed to our home destinations by the preferred mode of transport, after a very enjoyable evening of fellowship and I must admit, a lot of fun.

Frank Randall
Offering patients recovering from a cardiac incident the opportunity to re-integrate into a healthy lifestyle, Heartbeat currently has over 800 patients on its books. It was set up in 1978 by the Redman family in memory of their daughter Gillian, who was lost to heart disease because at that time there were no rehabilitation facilities available for recovering heart patients. The charitable foundation moved to its current home at Preston North End’s Deepdale stadium three years ago, following the relocation of the National Football Museum to Manchester. It takes patients referred by GPs, those discharged from hospital cardiac care, others referred a heart failure clinic and the Stroke Association, and those forwarded by Heartbeat’s own Healthy Lifestyle, an organisation run for overweight people.

Bernie Swift, Patient Support Officer, said: “GPs also send us people who need 24-hour ECG or blood pressure monitors, which we provide. Results are printed off by our cardiologist and return to the GPs.”

Heartbeat receives no government funding whatsoever, relying on fund-raising events, celebration and memorial giving, donations in memory, its own dedicated lottery, corporate support and occasional donations from Rotary.

Lisa Riding, Senior Fundraiser, said: “Heartbeat’s main aim is to rehabilitate people back into normal life, giving them the confidence to exercise regularly after a cardiac incident.”

Contact Lisa or Siân Percival-Edwards, Education Officer, on 01772 717147 for more information, a talk to your club or a visit to Heartbeat.

Bernie Swift, Patient Support Officer, said: “GPs also send us people who need 24-hour ECG or blood pressure monitors, which we provide. Results are printed off by our cardiologist and return to the GPs.”

The extensive former Football Museum premises still retain some mementos of the Big Game. Gym Instructor Carl Martinez doubles as a Receptionist and helps recovering patients gently stretch themselves back into regular exercise.
Lytham Technology Challenge

On Tuesday 14th November forty-four pupils from nine local Primary Schools, working in teams of four each mentored by a teacher, assembled at Lytham Hall Park Primary School and took up a technology challenge from the Rotary Club of Lytham. None of those taking part, including the teachers, had prior knowledge of the challenge. They were given a kit of basic materials like card, string, dowels and a paper cup and asked to design and build a model of a wind-powered machine that would raise buckets of water from a deep well. The pupils were assessed not only on the performance of their models, but also on the effort put into the design and planning, and working as a team.

At the end of the two and a half hours allowed the judges were presented with nine solutions to be tested. A large electrically-powered fan provided the "wind" and the success of the model machine was measured by the number of 1p coins it could raise in the bucket from floor level to table top.

There was a wide range of results, but the outstanding solution was presented by the team from Mayfield Primary School, St. Annes, whose model managed a total of 13 coins in one lift before their windmill finally stalled. Judges Bill Lloyd and Paul Quigley from the Rotary Club of Lytham, both engineers, were mightily impressed with the models produced by the teams, and praised them all for the hard thinking and hard work they had put into their models.

Everyone had a great day, and teacher Kerry Ainsworth, from the host school, echoed comments from the teachers in general and said, “The challenge had been very useful in demonstrating to the pupils the fundamentals involved in solving a technical problem.”

Responding, President-Elect John Edwards, of Rotary Club of Lytham, said “I am really pleased with the outcomes of the day, and the Club looks forward to repeating the event next year.”

The teams taking part were from the following schools: Ansdell PS, Clifton PS, Heyhouses C of E PS, Lytham C of E PS, Lytham Hall Park PS, Mayfield PS, Our Lady of the Sea PS, St Thomas’s PS and St Peter’s RCPS.

Rotary Visit To Workington RNLI Station

20 Members from Workington Derwent Rotary Club accompanied District 1190 Governor Larry Branyan on 4 September to Workington RNLI where they were welcomed by Lifeboat Operations manager Tim Chittenden and Coxswain John Stobbart. Tim gave a presentation about the history of the Lifeboat Station including details of some of the more dramatic rescues and the visitors were given a tour of the new Shannon class lifeboat Dorothy May White, built at RNLI headquarters in Poole at a cost of £2.1 million and delivered to the Workington RNLI station in April this year.

Despite the miserable weather, District Governor Larry and 5 lucky members of the Workington Derwent Club had a short trip on the lifeboat and a demonstration of its amazing speed and manoeuvrability.

Tim Chittenden thanked the members of Workington Derwent Rotary for all their help raising funds for the new lifeboat and DG Larry for nominating the RNLI as his chosen charity for his year in office.

Key facts about the RNLI

The RNLI charity saves lives at sea. Its volunteers provide a 24-hour search and rescue service around the United Kingdom and Republic of Ireland coasts. The RNLI operates over 230 lifeboat stations in the UK and Ireland and has more than 180 lifeguard units on beaches around the UK. The RNLI is independent of Coastguard and government and depends on voluntary donations and legacies to maintain its rescue service. Since the RNLI was founded in 1824 its lifeboat crews and lifeguards have saved over 141,000 lives.

Peter Inglis
Impressive presentation by Rosemere Cancer fundraiser
At a recent rotary meeting a cheque for £500 was presented to Dan Hill, Head Fundraiser for the Rosemere Cancer Foundation. The money raised was a joint affair by ‘Ready to Network’ and Church and Oswaldtwistle Rotary, who during the summer organised a Treasure Hunt in and around Whalley.

Crown Green Bowls Evening
A grand evening took place recently when the 4 Rotary clubs of Church and Oswaldtwistle, Great Harwood and Rishton, Rossendale and Ribblesdale took part in a social bowls evening which was held at the Globe Bowling club.

Rotary Helps Advocacy Focus
Jim Hargreaves, outgoing President of Church and Oswaldtwistle Rotary, at a recent meeting presented a cheque for £500 to Advocacy Focus who are based in Accrington. This organisation has been delivering independent advocacy since 1998.

Purple Crocus Planting By Rotary And Students
Rotarians from Church and Oswaldtwistle Rotary and students from local Schools planted crocus bulbs in 5 different locations of the grassland areas of Church and Oswaldtwistle.

Blackpool ‘Lights’ Promenade Cycle
As part of their August social activities, Rotarians and Friends from Church and Oswaldtwistle Rotary went along to Blackpool to bike ride the length of the promenade to get a first look at the illuminations before the official switch on.

Rotary Vist To Historic Tudor Hall
A visit was also arranged to the historic Browsholme Hall near Clitheroe as part of a sequence of social events and visits to other Rotary clubs.

Work Continues At Church And Oswaldtwistle Railway Station
For the last 3 years volunteers from Church and Oswaldtwistle Rotary have turned up every Saturday morning to improve the appearance of their local railway station.

Presentation Of Cheque To Carers Link
Jim Hargreaves, at a recent club meeting, presented a cheque for £500 to Carolyn Teed of Carers Link, following an impressive talk given earlier in the year when Rotary members expressed their appreciation what Carers Link achieve.

Church And Oswaldtwistle Rotary Champions
After a tense crown green bowling match with Ribblesdale Rotary – the last match of the season – Church and Oswaldtwistle Rotary were crowned champions of the South-East region of Rotary clubs.

Magnificent ‘Drive’ From Local Golf Club Goes To Derian House
A joint programme embracing Whalley golf club, Church and Oswaldtwistle Rotary and Balti Stan restaurant of Clayton-le-Moors resulted in the grand sum of £5,250 being raised which was presented to Stan Bamber, Community Ambassador for Derian House, accompanied by Sandra Robinson, Community champion.

Talking Newspaper Celebrates 40 Years Still Going Strong
A grand celebration was recently held at the Brooks club in Accrington to celebrate the 40th Anniversary of the Hyndburn District Talking Newspaper.

Toy And Cake Sale
Church and Oswaldtwistle Rotary joined forces with St Andrew’s Primary School in Oswaldtwistle to organise a toy and cake sale. St. Andrew’s Rotakids club decided the money raised should be donated to a local charity ‘Only Foals and Horses’.

Mike Jackson

Mike Jackson, Cath Heap and other Club members.
Hurricanes and Racing Ducks!

With news of devastating Hurricanes Harvey and Irma and the Earthquakes in Mexico, members of Ambleside Kirkstone Rotary quickly responded by collecting donations at Lakeland Limited and Hayes, plus bucket collections at local restaurants and pubs. The magnificent sum of £2484 was raised for the purchase of Shelter Boxes and Aqua Boxes.

Then came our Duck Race! Once again in aid of Alzheimer’s Research UK, as part of the Festival of the Fells weekend, it attracted over 1700 ducks racing through Stock Ghyll at Rothay Park. Heat winners each received £20 and the Grand Final of 65 ducks competed for £200, kindly donated by Cumberland Building Society. Kieran McDonnell’s prize was made extra special as four generations of his family were at the park watching the race. The total raised for ARUK of £1750 has been increased to £2000 from club funds – an amazing result, well done Team AK Duck Race!

Peter Clinning

Carlisle Youth Speaks and Hospice grant

Seven teams entered this year’s Youth Speaks competition resulting in a wide range of topics from Jihad – Myth or Reality to Was the British Empire good or bad? The schools represented were Austin Friars Carlisle, Caldew School Dalston and Trinity School Carlisle.

Carlisle and District Speakers Club provided the judges whose task was made harder by the high standard of this year’s teams. During the interval Team members, Teachers and Supporters enjoyed the excellent buffet provided by the Shepherds Inn while interacting with members of the Rotary Club who organised the competition under the guidance of Stephen Higgs. The winning team came from Trinity School with their topic, The Unknown Truth of ballet, who will now go forward to the District Finals to be held in the New Year.

Following this, Rotarian Marian Reed presented £3,000 on behalf of the Rotary Club of Carlisle to Sam Johnston, Community Fund Raiser for the Eden Valley Hospice.

Looking on are Doug McGarr (left) Facilities Manager for The Hospice, Nicki Quayle, President of The Rotary Club of Carlisle and other members of the club.

The funds were raised at The Great Ferret Race at Walby Farm Park earlier this year. The Rotary Club of Carlisle were instrumental in founding the hospice which was opened in 1991.

Nick Utting
Furness Plants Crocus Bulbs

Our Purple 4 Polio Crocus Corm planting for 2017 took place in Barrow Park at a site selected by the Park staff for us. Supervised by Foundation Chair Frank Randall our consignment of corms was planted in a “Purple 4 Polio” pattern. The ground was opened by our rotary club members (Peter Gardner, Frank Randall, Colin Scrags, Alan Todd, Fred Winkfield), Greengate School students accompanied by their teacher and Joe Wardman who is on the board of governors for Greengate School and is our contact for involving the students with our activities.

Graham Postlethwaite

Penrith Rotary Club 10Km and 4Km Trail Runs

The annual Penrith Rotary Club 10Km and 4Km Trail Runs, held in the grounds of Lowther Castle, go from strength to strength. Calm October weather helped deliver a bumper occasion for 350 runners young and not-so-young, as well as for friends and families. Everyone was delighted by the historical location, the castle and the gardens, and children could visit the recently installed lost castle.

The Fun Run, for ages up to 14 yrs., attracted young children running with a parent, tackling 4km of soft ground in front of the castle. Such was their eagerness the tape to be replaced twice as enthusiastic youngsters broke through early. But soon they were off, quickly followed by groans from the very young when older club runners lapped them on the first lap, resulting in a serious challenge for the timers as the finish line became a melee of finishers. All in all, great fun and a notable achievement for the youngsters no matter their placing. The adults gave them a rousing cheer and loud applause, making for a memorable occasion for all.

The adult 10km course took the runners from the castle through magnificent countryside before turning alongside the river, then up through the woods, before the very demanding finishing straight on soft ground towards the castle. This must be one of the most spectacular finishing destinations on the runners’ calendar, with the Gothic style castle looming ahead but still, elusively far away for tired legs.

During the presentation ceremony race organiser Rotarian Stephen Lindley thanked all participants, organisations and individuals and a special thank you was given to Lowther Estates for their permission to use the castle and estate for the event.

Around £2800 was raised for the wide-ranging charities and the many good causes that Penrith Rotary Club supports, including Eden Hospice, Eden Mencap, Mountain Rescue, Air Ambulance and the Calvert Trust.

Next year’s event will take place at Lowther Castle on Sunday 14 October 2018.

Linda Lambson

Blackpool South – British Empire Medal

Blackpool South Past President Jacqui Longden, her daughter Sarah and their friends love a party, so Jacqui’s award of the British Empire Medal in the Queen’s Birthday Honours for her services to veterans gave them a chance to have a party at Blackpool Park Golf Club, and then celebrate again at her investiture on Friday 22nd September at the Shire Hall in Lancaster Castle. Jacqui was presented with her award by The Lord-Lieutenant of Lancashire The Rt Hon the Lord Shuttleworth KG, KCVO.

All her friends and Rotary Colleagues offer their heartiest congratulations to a well-deserved winner and this very popular lady.

Jeff Meadows
Appleby Rotary Club were pleased to present the Great North Air Ambulance Service team a cheque for just over £1,600, money raised by the club from running a car park during Appleby Horse Fair.

Covering Cumbria, the North East and North Yorkshire, the GNAA, based at Langwathby in Cumbria, operates three helicopters 365 days a year. The charity carries consultant doctors on board as well as specially trained paramedics to provide a leading health care service.

This essential service is not government funded and needs financial support to continue saving lives in our area.

Jane Oakley

Photograph shows Rtns Alastair Bell, Phil Walters and Martin Stephenson with GNAA staff.

Fleetwood Nigeria visit

PP Maurice Dowsing visited friends in Nigeria, and found it developed into a possible project for Rotary International in the village of Vom. The village has only one stream running through it for around 15-20,000 people so Maurice is investigating providing a dam in a natural valley to enable standpipes to be fitted throughout the village.

On his last visit in 2007 Maurice had tried to help with the water supply problem to the hospital with some success. The problem was, and still is, that the National electricity supplier NEPA is not very reliable; all water must be collected daily by hand or, in the case of the hospital, pumped to tanks.

He has managed to get the permission of the village Elder and the landowners to pursue a ‘PESTLE’ report (analysis of Political Economic Sociological Technical, Legal and Environmental impacts) and a geological survey to look at its feasibility. Whilst there, Maurice visited 6 local Rotary Clubs who pledged to assist where possible without compromising their own schemes. Maurice said: “If a dam were built, everyone could have a steady supply pumped to strategic places in the village and the hospital, making all their lives much easier”.

Appleby Helps Air Ambulance

Maurice in Nigeria

The Beeb’s in Town!

Fleetwood has recently been looking at the issue of loneliness in our area, hearing about a local group called ‘Just Good Friends’. The group meets every Tuesday in the town between 10.30am and 12.30pm at a local club where people have an opportunity meet new friends and participate in social activities. There is a similar successful group in St Anne’s.

Beverly Sykes who runs the charity came to speak to us recently, and at the same time the BBC asked if they could come along to our meeting and film the talk!. This was a great opportunity to get the Rotary message out there so of course we were happy to agree.

The filming was part of the series ‘Sister Rita to the Rescue’ who are investigating loneliness amongst other issues; and have been filming the Fleetwood group.

Sister Rita explained how loneliness remains a massive problem in the UK, particularly where there is a loss of extended family. She saw how Rotary can get involved and how as Rotarians we can help with issues such as this.

Anyone wanting to know more about the group or contact Beverly as a potential speaker, can contact her on email: bev.sykes@hotmail.co.uk or by phoning: 07557 734233.

We expect the TV (2nd series) to be going out on the BBC in March of 2018

Malcolm Lewis

Kendal Crocus Planting

One Sunday morning ten stalwart members of Kendal Rotary (the oldest in his early eighties), planted 20,000 crocus bulbs beside two roads at the entrance to the town. We reckon that over the years we have planted 90,000 and plan next year to invite the mayor to plant the 100,000th!

In Spring the crocuses make excellent displays. At each location we place a notice linking us to End Polio Now and Kendal in Bloom. We are also giving 500 bulbs to each of 10 local schools with a fact sheet about the End Polio Now campaign.

Tim Keegan
As part of our summer programme, we enjoyed an evening of crown green bowling with friends from Church & Oswaldtwistle Rotary Club, followed by a pie and pea supper at The Globe Bowling Club in Accrington. With a little tuition, we were soon studying the green and looking for hollows and ridges, finding our mark and releasing the jack, then aiming our wood with the right bias! Any passersby would have heard a lot of giggling and cries of “oops!” and “watch out!” Later we made a couple of trips back to Rishton People’s Centre doing some more decorating. It’s great to see the upstairs taking shape but there’s a lot more to do. If you would like to join us next time, please contact us on the details below.

A highlight of our summer was a tour of Bowland Brewery in Clitheroe. Thanks to Tony and his infinite knowledge of craft beer and brewing, along with some of our members who have clearly had a misspent youth studying a pint or two, I now know a lot more about Ale! The tour was followed by a meal and some Bowland Ale tasting. If you haven’t been I would highly recommend it.

The onset of autumn saw us back at our usual venue of Foxfields Country Hotel, looking forward to a presentation from the Northern Cleft Foundation.

Anyone wishing to join our club is encouraged to look at our Facebook page or visit our website: www.rotaryclubghandr.org.uk Alternatively, you could email us gharrcs@gmail.com. Or why not come along to our weekly meeting at Foxfields Hotel, Whalley from 7pm each Tuesday evening?

President Pam Holgate

Great Harwood & Rishton’s Busy Summer

Pudsey and some members of the Rotary Club of Lunesdale collected at the entrance to the Booths store enjoying meeting and chatting with busy customers. The staff in the store were in fancy dress and collected whilst having fun with the customers. As always Booths customers were very willing to donate to Children in Need and enjoy the happy atmosphere. The total collected was an amazing £1,500. A huge thank you from the Rotary Club and Booths Staff to everyone who donated to this worthy cause.

Pudsey in Kirkby Lonsdale

Preston Supports Deafway’s Work in Nepal

We recently donated £500 to Deafway towards their work in Nepal. The photograph shows Mike Greer, the new CEO of Deafway accepting a cheque from President Derek Alty, with Rotarian Steve Hedley and Nikki Terry, Deafway’s new Development Officer, looking on.

Keith Cameron
Lytham got all steamed up

The Rotary Club of Lytham embarked on a huge steam rally to raise much needed funds to restore Lytham Hall to its former glory. The successful event, held on the weekend of the 16th-17th September drew thousands of visitors to see attractions which included several large and many miniature steam driven traction engines as well as static ones. The weather was very kind to us and we raised over £10,000. There was something for all the family with vintage tractors, vehicles, cars, a miniature railway, children’s donkey rides through the trees, a fun fair and face painting, a beer bus and afternoon teas in the hall. There were also refreshments and drinks in a large marquee and a trade fair with many market stalls. To get to the Hall, there was free transport from outside the main hall gates using classic buses dating back to the eighties. The monies raised will go towards renovating one of the exterior walls of the hall.

Marianne Blaauboer of the Heritage Trust North West at the Hall said “This unique event has been a year in the making, with the Lytham Rotary Club members putting their heart and soul into its set-up. Working together with them and our own volunteers, this was the biggest event on our calendar to date. We are delighted to be chosen as the venue for the event, and as the charity to benefit from the generated income, which will be used for the painting of the Hall.”

Robert Dunn

DG Larry Branyan meets President-elect Alan Wilman and Secretary PP David Thow on a recent visit to Rotary Club of Kirkham & Rural Fylde

Paul Lessing
Even when the festivities are over, Barton Grange Garden Centre is the perfect place to chase away those winter blues. Seasonal colour for your garden, stylish home décor and delicious food. Plus the chance to splash out in our fabulous homeware sale. It’s going to be a very happy New Year!

Happy New Year

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