NorWest
Rotary
District 1190 Cumbria & Lancashire

Spring 2018 No. 133

Waterhole In Uganda!
Carlisle Charity Cash!
Carlisle Santa Success!
Mountain Rescue!
Ribble Valley Bike Ride!
Transforming Rotary!
Kendal Deaf Centre Re-opens!
Accrington Tree Planting!

Young Musician!
Young Musician!
Young Musician!
Young Artist!

Magazine of Rotary District 1190 Cumbria & Lancashire | www.rotary1190.org
From the Editor

Ken the editor writes.....

Now the “Beast from the East” is thankfully but a distant memory, time to look forward! In this issue we’ve got a vision of Rotary in the future, an account of one club’s journey towards that future, another club welcoming its first corporate members (and its first female member), an exciting look at the forthcoming Rotary Grand Tour, Mary Bradley’s adventures in San Diego and a feature on Mountain Rescue – and of course all the club and district news as well.

Please enjoy this issue, and, as ever, please make sure it ends up in a public waiting room somewhere in your club’s catchment, so hopefully it may spark the interest of prospective new members. You never know – we’ve a near-bumper crop of new members to welcome this spring, so why not make a point for your club?

Don’t forget to keep news of your activities flowing in my direction – we know every single club has at least half a dozen events a year, so let’s tell the world about them!

Ken

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Welcome to New Members

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For more information or to find your local Rotary club in Cumbria or Lancashire visit our website www.rotary1190.org or you can email the District Secretary at secretary@rotary1190.org. We would be glad to hear from you.

Next issue (Summer) will be published and distributed at the District Handover Event at Sizergh Castle – Sunday 1st July 2018.

NB Deadline for feature submissions will definitely be 25th May 2018 But please don’t wait for the deadline date – send copy and photos (jpeg please) as early as possible.

All submissions are gratefully received, but space is limited and your article may be shortened or even left out.

Overflow articles may be published on the district website, at tinyurl.com/rotary1190overflow. Please be assured that every effort is made to publish the stories that we receive.

Views expressed in the magazine are not necessarily the views of Rotary District 1190 or the editorial team at RotaryNorWest.

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From the District Governor

Our DG Larry Branyan writes.....

I have now visited most of the 68 clubs in our district and attended 23 Charter dinners where I’ve had a very warm reception from everyone. There is a tremendous amount of very good work being done by every club. Our ageing membership and falling numbers remains a concern, but I have written “Welcome to Rotary” letters to 94 new and transferring members since 1st July, so we are making slow progress.

It is great regret that Pendle View has decided to hand back its charter after 17 years with effect from 31st March. I attended the final Charter dinner in February where I was presented with a banner by President Lindsay Dodd.

We were very privileged to be able to welcome Rotary GB & President Denis Spiller to our District from the 11th to 13th January, where he was hosted by the Rotary Clubs of Carnforth, Blackpool Sunrise, Cockermouth and Silloth prior to attending District Council.

I am pleased to be able to report that the nominations I submitted for the International Champions of Change of Award (Norman Yates – South Preston) and the Non-Rotarian Community Champion Award (Paul Townsend – North West Blood Bikes) have both been selected to attend the awards ceremony at Cardiff City Hall on 18th May.

Last October I submitted an RI “Service Award for a Polio Free World” nomination for Roger Franks (Upper Eden). I recently received notice that Roger has been selected as a recipient for this prestigious award for the World Health Organisation region of Europe. The award will be sent to me in early April for presentation at an appropriate time.

Congratulations to Roger.

The new format one-day Conference at the North Lakes Hotel, Penrith on Saturday 17th March has sold out and next year will be held at the Cumbria Grand Hotel, Grange-Over-Sands.

As fellow Rotarians, I invite you to work together to “Make a Difference” in 2017-2018.

Larry Branyan

Life as an AG by Brian White

Scene one: It’s five thirty in the afternoon and I’m sitting on a bench looking out over Maryport harbour. I’m watching the gulls gracefully soaring on the up currents produced by the sea wind hitting the jetty, their wings skilfully manipulated to maximise the lift as they hang in the air. I’m forty miles from home and waiting in the evening sun until it’s time to head into town for my second Club Assembly of the day.

I like club assemblies. They’re a wonderful opportunity to find out how successful a club has been over the previous year and to hear their way through my relaxation year; I’d volunteered for a position on two Rotary International Presidents and been inspired at their view of the future based upon feedback from over 3,400 clubs worldwide.

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I like club assemblies. They’re a wonderful opportunity to find out how successful a club has been over the previous year and to hear their plans for the upcoming one. Maryport’s assembly is my second of the day after Workington at lunchtime. A pattern repeated from last year too.

By the time I’ve visited all the clubs in my patch, I’m finding it hard to believe all the things achieved and the plans formed.

Scene two: “Guten Abend meine Damen und Herren und Willkommen im Rotary Club von Workington. Mein Name ist Brian White und ich hoffe, Sie genießen meine Musik.” As I said when greeting colleagues from the Rotary Club of Selm Kaiser Barbarossa, Germany, before singing for them, using my vocation as a professional singer in the spirit of Rotary Fellowship.

I’d been Club President of my own club, Carlisle South, and was midway through my relaxation year; I’d volunteered for a position on two District committees, Membership and Learning & Development, and I was enjoying seeing how the district worked. Our new Assistant Governor, Wendy, was doing a great job looking after our club and I rather fancied the idea of maybe following on from her when she finished her three-year tenure. So, I let it be known that I was interested. That’s when the trouble started.

“David is wanting to stand down next year from North B” the phone call began less than a week later. “Would you be interested in taking over?” “But I don’t live anywhere near North B!” I protested. “Don’t worry about that!” was the reply. I couldn’t really say no.

Thus I started my prep for the largest AG area in the District. I live in Brampton in the extreme North East of the County. My closest club is only one and a half miles away, my furthest over 60 with all others over 35 miles. The good thing is that I get to drive through the glorious North Lakes, voted one of the most beautiful places in the world.

I have nine clubs in my area and they are all different, from highly formal to the very laid back. But with lots in common too. They’re all very friendly, they do amazing things both in their local area and in countries far and wide, and they all follow the Rotary Avenues of Service.

Mid-way through my second year, would I recommend it to anyone else? Absolutely. I’ve seen a whole new side to Rotary. I’ve met AGs and DGs from all over the country with amazing ideas, fabulous projects and wonderful stories of what Rotary has achieved. I’ve met three Rotary International Presidents and been inspired at their view of the future based upon feedback from over 3,400 clubs worldwide.

Most of all I have made some friends for life from all walks of life and all corners of the UK and indeed some from outside the boundaries of our own little island. Yes, I’d recommend volunteering for this role to anyone.

Brian White

District Club of Carlisle South

District Officers Handover

1st Juy 2018

Sizergh Castle, Kendal

See page 13 for details

Rotary Club of Carlisle South

District Officers Handover

1st Juy 2018

Sizergh Castle, Kendal

See page 13 for details

BIG ROTARY CHARITY GOLF

WEDNESDAY 27 JUNE 2018

WHERE

at PLEASINGTON GOLF CLUB at BB2 5JF

TEAMS

Teams of 4 (Male, Female, Mixed) – Stableford 9/10

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Spring 2018 3
Kendal Deaf Centre Re-opens after Storm Desmond Devastation

The Kendal Deaf Centre on Castle Street has officially re-opened. It’s taken nearly two years to repair the damage caused by Storm Desmond in December 2015; a major task because of the severity of the devastation and the massive shortfall due to an uninsured loss.

The whole of the foundations of the buildings had to be replaced, a difficult and expensive task, as well as a complete refurbishment of the whole property. The Cumbria Deaf Association had to find in the region of £40,000 and Kendal Rotary Club stepped in to help. After applying for a District Grant from District 1190’s flood relief scheme, three District Officers came and surveyed the damage and quickly decided that they could give £15,000 and also apply for a matching grant from Rotary Great Britain & Ireland. Three quarters of the funds required, sourced at a stroke (£30,000)!

The finished renovation and official re-opening allowing Cumbria Deaf Association to thank Rotary publicly. Invited dignitaries and guests attended the opening by the Chairman of Trustees of CDA, Cllr. Roger Bingham of Cumbria County Council. Rotary was represented by PDG Malcolm Baldwin (who was Governor when the grants were awarded), PDG Arthur Jones (Grants Committee), David Collins (Grants Committee), DG Larry Branyan, ADG Richard Attenborough, Peter Smith PP of Kendal Rotary Club, Ken Gibson President Elect of Kendal Rotary Club, Tim Keegan Secretary of Kendal Rotary Club and Pam Keegan President of Kendal Inner Wheel Club.

Many members of CDA attended, including their CEO, John Brennan, who gave the initial welcoming speech. There is now a plaque on the outside of the building highlighting the massive contribution by Rotary.

Carlisle Santa Success and Tree Planting

We are delighted to announce that the Santa Sleigh operated by Carlisle’s four Rotary clubs raised just under £4,500 last Christmas. The sleigh toured Brampton, Longtown, Dalston and many parts of Carlisle in the two weeks before Christmas, collecting for charity as it went.

A local accountancy firm also borrowed the sleigh (we always provide driver, Santa and leader) to collect for its charity of the year. The sleigh was also used at the local hospice’s Santa Dash for the first time. The money will go to various charities - both local and international.

We also helped out in February (2018) by planting 11 new trees in Rickerby Park in Carlisle. We are developing quite a good relationship with the Friends of the Park and we’ve already helped them with two lots of crocus planting.

Five Hundred Ride One Hundred!

The Ribble Valley Ride Cycle Sportive, jointly organised by the Rotary Clubs of Clitheroe and Accrington last June, was a great success with over 500 cyclists taking part, many riding the 100-mile course as far as Aysgarth and Hawes. The event is an important charity fundraiser which this year benefited the Rosemere Cancer Foundation, Dan’s Trust and NW Blood Bikes, and last week the organisers presented cheques at Clitheroe Rotary Club’s Thursday meeting. Our picture shows (L to R) Event Organiser Bill Honeywell (Clitheroe Rotary), Rosemere’s head of fund raising Dan Hill, Peter, Shelagh and Gary Bagshaw from Dan’s Trust, IP DG Malcolm Baldwin (Accrington Rotary, Event Co-ordinator) and Frank Brown, President of Clitheroe Rotary Club.

The Rosemere Cancer Foundation supports world-class cancer treatment throughout Lancashire and South Cumbria and is aiming to raise at least £1.5 million this year as part of its 20th anniversary. Dan’s Trust promotes and funds research into the early diagnosis of cardiac risk in the young and the improvement of treatment methods for sudden cardiac arrest. NW Blood Bikes provide voluntary out of hours transport service to local NHS Hospitals by carrying urgent and emergency blood, platelets, samples, donor breast milk, patient notes, theatre equipment, in fact anything that can be carried by motorcycle.

In total the Ribble Valley Ride raised £10,500 for the three charities. Next year the event will take place on Sunday 10 June and the organisers are promising the best yet. As Bill Honeywell said, “Thanks to the generosity of many local businesses, who provide the things we need for free or substantially discounted, we’re able to put on a well-organised event which is enjoyed by cyclists of all abilities, is great value for money, AND raises money for great local charities. It’s such a pleasure to be involved and I hope even more people will enter the event next year.”

Bill Honeywell

Tim Keegan

Belinda Artingstoll
Every year, over 60 people go missing or are injured in the Forest of Bowland and surrounding areas. Though the fells are a benign place on a sunny day, they can become dangerous and disconcerting in darkness and bad weather.

Despite all the assets available to the emergency services, there is still only one organisation that can access people needing help, day and night in all weather conditions in wild and remote places. These are the unpaid volunteers of Bowland Pennine Mountain Rescue Team (BPMRT).

Like all Mountain Rescue Teams in England and Wales, BPMRT are highly skilled in rescue in all environments, giving up their time freely to help other people in danger. They are not funded by the government, but instead rely purely on generous donations from the public and organisations like Rotary Clubs.

Like many Mountain Rescue Teams, 2017 was the busiest year for BPMRT, including support to Lancashire Police in searching for missing vulnerable people, and Lancashire Ambulance Service with difficult to access casualties and bad weather cover. These searches range from young persons to people suffering from dementia or mental health issues. Lancashire Police rely on the team’s expertise in both search management and the practical skills of searching in challenging terrain and weathers, with BPMRT’s skills being used in both rural areas and fells.

Additionally, the Team has increasingly become involved in other activities including responding to flood incidents, due to its Swift Water Rescue capability. This included Storm Desmond, where BPMRT took part in rescues at home in Lancashire and supporting other teams in Cumbria and York. One of these rescues resulted in team members being awarded prestigious Commendations from The Liverpool Shipwreck Humane Society for their role in saving a woman from a submerged car, with only moments to spare.

Finally, in bad weather like the snow that is currently being experienced, the team will often support North West Ambulance Service using its 4x4 capabilities to access snowed in properties and difficult access incidents.

Currently BPMRT is fundraising to revamp its ageing IT systems and Control Room. These resources are badly needed when co-ordinating both small and large-scale rescues. These can often involve multiple agencies ranging from other Mountain Rescue Teams to the other Emergency Services. If your Rotary is able to help, or you would like more information about the Team including a tour of their base, then they can be contacted through their website www.bowlandpenninemrt.org.uk or Facebook page www.facebook.com/BowlandPennineMRT

Within Lancashire & Cumbria there are seventeen Mountain Rescue Teams, Cave Rescue Teams and Search Dog organisations, all working hard to save lives both on and off the fells.

Any help that you can give to your local team would be greatly appreciated.

Jon Wickham
Lancaster’s Fine Dining and Food for Thought

The Rotary Club of Lancaster organised a “Dine for 2” raffle which was a great success and managed to raise £2,450. The proceeds were divided between the Memory Clinic in Morecambe and various other local charities. Dr. Shukla of the Clinic, supported by two of his team, came to draw the raffle for us. The first prize of a meal for two at the Michelin star restaurant L’Enclume was won by Mrs. B. Corris of Morecambe. We would like to thank all the local restaurants who gave so generously for this very worthy cause.

Preston’s Support for African School

The charity Education Partnerships Africa links bright and enthusiastic UK university students with rural East African secondary schools having good leadership and strong potential but lacking the means to realise it. I was placed with two other students in a secondary school called St. John’s, Rutsya, serving 300 students of varying religious denominations in the local community. It was short of adequate classrooms and the water supply needed to attract more students (Schools in Uganda are dependent on maintaining student numbers, as parents pay school fees to supplement the government grant.)

Using the £2,700 the three of us had fundraised in the UK, we were able to install a water tank by the girls’ dormitory, which was attached to the mains water system and to new guttering. This will ensure students do not have to make a 2km-round trip to the village borehole every day to fetch water. We also combined the overcrowded library with the underused ICT lab, creating a Learning Resource Centre which was a more accessible environment. The derelict room next door was refurbished into a reading room, and solar lighting installed so students can use the room for private study in the evening.

We ran a health day with local NGOs and health clinics to educate students on the importance of getting tested for HIV regularly, taking steps to reduce the risk of malaria and typhoid, and for the girls on guidance around their menstrual hygiene. We also revitalised the school house system, students do not have to make a 2km-round trip to the village borehole every day to fetch water. We also combined the overcrowded library with the underused ICT lab, creating a Learning Resource Centre which was a more accessible environment. The derelict room next door was refurbished into a reading room, and solar lighting installed so students can use the room for private study in the evening.

We ran a health day with local NGOs and health clinics to educate students on the importance of getting tested for HIV regularly, taking steps to reduce the risk of malaria and typhoid, and for the girls on guidance around their menstrual hygiene. We also revitalised the school house system, so students can be rewarded appropriately for succeeding in school. The school administration took ownership of our projects at the end of term to ensure both our investments had deep and lasting affects in the school community.

I’ve benefitted from my time in Uganda, as, with the discrete but secure safety net of my charity supervisors, I was able to venture out into a wholly new environment. I was stretched in my own personal capabilities and my project management skills.

I learned the importance of communication on all sides, made more difficult when many of the parties don’t speak English as a first language. Moreover, I have made some excellent friends I’ll stay in touch with long into the future. In the next academic year, I’ll be continuing to work with the charity as the Vice President of the EPAfrica Society in Oxford, mainly involving the recruitment and training of next year’s cohort of project workers.

Without financial assistance from Preston Rotary Club, I would have seriously struggled to meet my financial commitments to the charity and to purchase necessary equipment for the summer. So, thank you again for helping me and so many other worthy causes.

Harry Rawcliffe

Transforming Rotary

How we changed our Club or how attitudes were changed to arrive at a Birthday Celebration

Over the years our Club, the Rotary Club of South Ribble, had taken on an increasing amount of Rotary commitments, but declining membership and ageing meant that the burden on each member had increased. Members felt under pressure to the point that the status quo was unsustainable. The fact that Rotary was ‘no fun anymore’ became the catalyst for change 3 years ago.

A lengthy consultation process organised by PP Humphrey Johnson involved every member. There was an overwhelming desire to be more informal leading to the following changes:

• New dress code of ‘smart casual’, no grace, no bell, no chains of office.
• No unnecessary committees – any leader for an activity has the whole club as his committee.
• Meet fortnightly with one speaker meeting (1st Week) and one business meeting (3rd week) per month
• Informal optional social events on the 2nd and 5th Week. No meeting in the 4th Week.
• To undertake just two fundraising events, the Sleigh at Christmas and the Beer Festival in mid-June
• To only take part in selected Youth Activities i.e. Youth Speaks, Technology Tournament and RYLA.
• Move to a new venue (we now meet in a private upstairs room at Wetherspoons’ Leyland Lion. Great food, drink and service at realistic prices).

The changes were trialled for 9 months, with the optional social events including visits, sports, restaurants, etc. proving very popular. Unsurprisingly the changes were adopted wholeheartedly. We now are a happier, contented and more engaged club with a lot of fun and fellowship.

Our informal approach is continuing as Charter Night becomes a ‘Birthday Celebration’ with minimal formality and just one speech. It is possible to change but only with the will of members which has to be won.

David Toft

PP Humphrey Johnson led the change process. The other photograph is of some of our members at the Lifeboat Station at Fleetwood. This was one of our Wednesday Socials which ended at The Three Lights in Fleetwood for a meal.
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This year’s theme was “A different perspective.” This competition was open to young people in District 1190 (Cumbria & Lancashire) and entrants were asked to submit one picture using any medium or combination of media e.g. water colour, pencil, charcoal, pastels, collage, and acrylic. Pictures had to be no larger than A1 size (594mm x 841mm) and could be on paper or canvas.

Each entrant had to give a title to their work and could, if they wished, provide a description of no more than 50 words for their inspiration and how they have chosen to reflect the theme. The judging criteria were: Imagination & style; Content and composition; Interpretation of the theme. The results were as follows and you can see some of them displayed here. Congratulations to them and please encourage your schools to enter next year.
The Rotary District Final of ‘Rotary Youth Speaks’ competition, was held at the wonderful venue of Windermere School on Saturday 3rd February. Congratulations to all 22 teams, sponsored by 18 Rotary clubs throughout Cumbria and Lancashire, who made it through their local heats to compete at this year’s district final. The teams were all worthy winners. They impressed the audience with confidence and clarity of speech through a variety of interesting well-rehearsed topics. Many teachers attending have complimented the organisation of the event, the standard of judging and the excellence of the teams – all achieved an extremely high standard.

In this type of competition, the judges are looking at several areas based around the teams/personnel. The Chairperson, who is allowed 2 minutes to welcome the audience and introduce the members of the team and the topic, the Principal speaker, who has 6 minutes to deliver his/her talk and a further 2 minutes to consider and answer a question invited by the chairperson, and the Proposer of the Vote of Thanks who has 2 minutes to summarise the key points of the talk and propose a vote of thanks to the speaker. Finally, the Chairperson concludes the proceedings.

The eminent judges for the day were Mrs Wendy Sutcliffe, Manager, English Speaking Board International Ltd, formerly Head of English and now University lecturer in presentation skills; Mr Mark Cameron, an actor from various TV productions and films; and Ms Laura May, a past winner of Youth Speaks. Before the final awards were presented, all three judges offered some very useful tips and feed-back on how to improve speaking-skills. With teams from all over Lancashire and Cumbria and subjects as diverse as ‘Globalisation’ to ‘American Gun Laws’, 1st place went to Trinity School Carlisle with their subject ‘The unknown truth about Ballet’. 2nd place went to St Michael’s Academy with their subject ‘The unknown truth about Ballet’. Church & Oswaldtwistle are very proud indeed to sponsor students at schools such as Rhyddings Business and Enterprise School, but real credit must be given to the School team, who certainly made sure that Oswaldtwistle, is firmly on the District Map.

The Rotary Young Musician District Final

The Rotary Young Musician District 1190 Final was held at Queen Elizabeth School, Kirkby Lonsdale on Sunday 4th February 2018.

Rotarian and District Organiser (Young Musician) Dawn Smart welcomed the help of fellow Rotarians - District Governor Lawrence Branyan and District Chair (Youth) - Shaun Ashworth and other fellow Rotarians. The standard of the musicians was very high and outstanding performances were given by the following young people:

### Performer
- Harry Bowden
- Declan Conlon
- Izabella Forrest
- Kelsey Hewitt
- Billy John
- Alex Tsoi
- Sam Weakley
- Florence Bunday
- Megan Conlon
- Holly Foster
- Leah Montgomery
- Jenny Weakley

### Instrument
- Piano
- Cornet
- Oboe
- Cornet
- Piano
- Bassoon
- Voice
- Voice
- Voice
- Voice

### Sponsored by Rotary Club of
- Darwen
- Clitheroe & Ribblesdale
- Clitheroe & Ribblesdale
- Cockermouth
- Keswick
- Cockermouth
- Kirkham & Rural Fylde
- Clitheroe & Ribblesdale
- Clitheroe & Ribblesdale
- Keswick
- Cockermouth

The results were as follows:

**Instrumental Winner - Izabella Forrest**
**Instrumental Runner-up - Declan Molloy**
**Vocal Winner - Florence Bunday**
**Vocal Runner-up - Leah Montgomery**

The winners were invited to perform at the District Conference at the North Lakes Hotel, Penrith on 17th March and both the winners and runners-up will go on to the North West Regional Competition.

Dawn Smart thanked the adjudicator, Nick Mahon, the accompanists, the families of the competitors for their support, the school and above all the performers. Dawn, a member of Penrith Rotary Club will now go on to organise the Rotary Young Musician North West Regional Final to be held at Darwen Vale High School on Sunday 25th March 2018.

Shaun Ashworth

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The standard of the musicians was very high and outstanding performances were given by the following:

#### Vocalists
- Jenny Weakley
- Victoria Hewat

#### Instrumentalists
- Bathsheba Crampton
- Patrick Varey
- Sam Wilsdon

#### All Competitors
- Harry Bowden
- Declan Conlon
- Izabella Forrest
- Kelsey Hewitt
- Billy John
- Alex Tsoi
- Sam Weakley
- Florence Bunday
- Megan Conlon
- Holly Foster
- Leah Montgomery
- JennyWeakley
Santa in South Ribble

The Rotary Club of South Ribble have thanked the people of South Ribble for their fantastic support and generosity for their Xmas sleigh collection around the streets and at several supermarkets. The sum of £6,500 was distributed at a presentation evening on the 17th January 2018 at Leyland’s Hallmark hotel. The beneficiaries were NSPCC, Derian House, Baby Beat, Legacy Rainbow House, FOMO, NW Children’s Support Group and Coppice School.

A further £2,500 remains to be distributed to local children’s charities and to fund various youth projects run by the Club. Over the last 30 years this event has raised an enormous amount of money for local children’s charities. It would not have been possible without the help of Club members, their wives, families and friends, and increasingly during the last few years the local Scout groups. Santa can happily return to Lapland knowing he has done his best for the community.  

Tony Stevens

Greening the environment with Rotary in Accrington

After planting 5,000 crocuses during a record-breaking one-and-a-half-hour session in the grounds of the Dunkenhallgh Hotel in Accrington, members took up the challenge of Rotary International President Ian Riseley to further improve the environment and the quality of life for locals. Having taken delivery of 45 trees from the Woodland Trust, Accrington club promptly donated them to the Ribble Rivers Trust. The Trust are currently planting 7,000 trees at a site in the River Ribble catchment area to create new habitat, slow the flow of water, and mitigate climate change.

Keen to get involved and find out what tree planting entailed, President Helen got stuck in with her daughter Catherine to help with this huge task.

A mixture of Wild Cherry, Oak, Silver Birch and Hawthorn are currently being planted along with many other species to create the new woodland, 1.24 hectares in area, with a total of 1,650 native trees. It has been designed in association with the Lancashire Wildlife Trust and a local farmer to ensure it fits with an existing Biological Heritage site.

The Hyndburn River runs through the site and a fish pass has been completed recently that will allow migrating salmon, trout and eels to bypass an historic weir for the first time since the middle of the nineteenth century.

Tree planting is more technical than just popping them in the ground. To achieve a success rate of around 98% it’s got to be done right, so if other clubs are considering planting trees, it’s worth getting advice from experts first.

To complement this project and to help change the environment for the better before Earth Day in April the members of Rotary in Accrington, will be participating in the annual Litter Pick. This year, to cover a wider area and make a significant impact on the local Environment, we will be joining forces with members of two local Hyndburn clubs, Church and Oswaldtwistle and Great Harwood and Rishton so that together we can make difference.

Helen Birtwistle

Appleby Young Writers

Talented young pupils at Appleby Grammar School have recently participated in the Rotary International in Great Britain & Ireland Young Writers Competition, organised by Appleby Rotary Club.

Ms Isla Griffiths, their teacher from Appleby Grammar School, was impressed with the overall standard produced by the students, their work being totally independent of input from the school. Judge and Rotarian Barry McKay, was equally in approval and said “choosing the winner was difficult and it was a case of ‘first among equals’.”

The winners, Ruby Coburn (Senior), and Niove Richardson (Intermediate), will be put forward to the Rotary District stage of the Competition.

Jane Oakley
My San Diego Adventure

On 9th January 2018, I left wet and windy Newcastle airport, via Heathrow for the 11-hour flight to wet and windy San Diego and to be honest wondering if this was a necessary part of DGE training and a good use of RI money. I had never been to the USA or travelled so far on my own before, but next to me on the plane was the Rotary Assessor for global grants — the miles flew by as he recounted the places and projects where Rotary is fundamentally changing people’s lives.

The next day the sun shone, the harbour looked beautiful as I strolled along the 7-mile walk into town. I acclimatised well visiting every tourist spot and the California Bad Lands. On Sunday it was time to go to the Hyatt and the International Assembly. We met in a huge conference hall and were each given a large aboriginal-style drum. Then a very energetic lady with a drum band appeared on stage and before long we were all drumming in unison to the heart beat of every nation.

This not only set the scene for the week but was the opener to the unveiling of the theme for the year — Be the Inspiration. The week passed very quickly, and I learnt so much about Rotary, not from the compulsory (yes really!) sessions but from fellow DGEs from round the world. Everyone has their challenges with memberships, conference attendance and competition for fundraising — yet the impact of Rotary just bows you over! Being in sessions with headphones on to translate the sessions also gave a global feel as too did the variety of food taken each time with new Rotary friends.

The international parade (think Olympics opening ceremony) of 205 countries was breath taking as I am sure were my efforts of dancing at the Barbados evening! My Rotary visit was to a club of ex-pat Mexicans — food was amazing! — their average age was 43, mostly health-based professionals who focused on doing 4 outreach health-based projects a year. My fellow RIBI DGEs organised nightly drinks where we invited potential and former DGF partners, hosting one night on behalf of Shelter Box.

By Saturday I was very tired but very happy — what an opportunity I had been given! I truly believe it will assist in my year as DG. I now understand deep in my heart and soul why Rotary is so important to the world and why we must do everything we can to retain and grow this fabulous organisation in Cumbria and Lancashire.

The trip back was via New York…… now that’s for charter night tales!  

Mary Bradley District Governor Elect

Barrow sets the pace – first female member, first corporate members

While the centenary of women first getting the vote was being celebrated nationally, Barrow Rotary Club inducted its first female member — the Rev. Sophie Carnaby. She first visited the club as a speaker, talking about the Pavement Angels who operate in Barrow on Saturday nights helping people who may be a little the worse for wear after drinking a little too much.

She is a South West Cumbria United Area family and community worker in Barrow, after a time as a Community Pastoral Worker in Oldham. The former Cardiff University and Imperial College London student has also been a Police chaplain and a Fire and Rescue Service chaplain, as well as working for Marie Curie Cancer Care. Sophie joining Rotary follows the Barrow club inducting its first corporate members, two of the leading lights in the Barrow BID (Business Improvement District) — manager of Barrow’s Marks and Spencer store Simon Craig and Phil Collier, the leader of the business support group.

And if three new members in two weeks was a hot recruiting pace, it’s probably appropriate that they inducted former Barrow Fire Service chief Dave Coverdale the following week.

Barrow Rotary president Mike Lovell said: “There are three Rotary Clubs in Barrow (Barrow, Furness, and Furness Peninsula). Although independent clubs, we also work together from time to time in the name of Rotary to help communities locally and further afield: “I hope that all three clubs can work together with BID to benefit Barrow and we have a long and mutually beneficial association.”  

Bob Herbert

The Rotary Club of Carlisle have raised well over £12,000 for charity in the past 6 months

At their Christmas Lunch the Rotary Club of Carlisle donated the sum of £10,000, divided between four local charities. The £10,000 was raised from two events, the Club’s Annual Charity Golf Tournament held at Eden Golf Club and The Great Ferret Race held at Walby Farm Park.

Pictured here at the Club’s Christmas Lunch are from the left, Robin MacLeod, organizer of the Charity Golf Tournament, Kerry Steel from Great North Air Ambulance, Elizabeth Hall from Life Education Cumbria, Sam Johnston from Eden Valley Hospice, Cath Coates from Hospice at Home and Marian Reed, organizer of The Great Ferret Race.

Nick Utting
People of Action Embrace Change in Rotary 2

The good news is that Rotary is beginning to appeal to the Millennials as it evolves to meet their aspirations and life styles with flexible, affordable and community focused Clubs. Anyone in our communities can join providing they have Rotary values and an appetite for delivering on our 6 avenues of service.

Cumbria and Lancashire have Rotary Clubs in easy reach of anyone living in Cumbria and Lancashire. The clubs are built on friendship, camaraderie with the belief that by doing ‘Service above Self’ we can make a real difference to people’s lives in our communities and internationally. But why do they remain one of the best kept secrets? – just think of all the men and women missing out on the fun of being a Rotarian!

Denis Spiller, RIBI president launched Rotary 2 in February 2017, bringing the message to us in January and again at conference in March. Rotary 2 is about revitalising our public image and making Rotary relevant to people who are under 60 years of age. There are some amazing videos on YouTube and Rotary web sites; sharing these at a Club meeting is a great idea, bound to generate discussion!

Clubs are working together supported by their Assistant Governors and the District team to ensure that we have

breakfast, lunch and evening Clubs on different days of the week accessible to all – recruiting and retaining Rotary members within our communities. We hope to develop 8 new satellite Clubs, alternative meeting groups based on common interests as well as 4 new Rotaract clubs.

We Rotarians needed to ensure our Clubs are ready for the challenge and able to embrace change making excellent use of the new flexibility – there is only one rule, meet regularly at least twice month. This may be a business meeting and then a project or social time in the community. As our founder, Paul Harris said ‘If Rotary is to realise its proper destiny it must be evolutionary at all times and revolutionary on occasions’.

So, Rotarians, embrace the change!

If you would like to join us and make a difference: email membership @rotary1190.org.uk

Mary Bradley- District Governor Elect

Purple4Polio Grand Tour

The Purple4Polio Rotary Grand Tour is hitting the highways in May and is looking for drivers, and their teams, to take part. Members of the public, Rotarians, friends and families in vehicles of all shapes and sizes can register now for an adventure around Britain.

All are welcome to join this exciting and inspiring road trip from 21st – 24th May 2018, visiting as many of the Rotary check and rest points as is safely possible and raising money for the End Polio Now campaign.

Entering is easy: You organise your team, car and route, then decide where you want to stay whilst raising as much sponsorship as possible. To help you on your way, Rotary across the country is setting up a few check and rest points at a place of interest where you can have a break and get your logbook stamped as proof of passage. You will have the opportunity to meet other travellers. You can drive as near or as far as you wish and there is no requirement to drive for all four days. When you have completed your epic journey, join fellow participants at the finish line for an end-of-tour party in Yorkshire on the 24th May (optional).

When you have fully registered, Rotary UK headquarters will email you a sponsor form, two large vinyl car stickers and a log book (after 27th April). The stickers will show the world that you are part of the Purple4Polio Rotary Grand Tour and help you spot other teams when you’re on tour. Of course, you may want to wear purple End Polio Now clothing which is available from the End Polio Now Guernsey Shop. Take a look at the website Purple4Polio Rotary Grand Tour where in addition to this information you’ll find a map of the check points, the rules, a link to registration and a short promotional video.

Please note this is not a competition and entrants will not be timed. The only race involved is the one to eradicate polio quickly and to help ensure that the event is raising money for End Polio Now. Teams do this by raising sponsorship for their road trip around the districts, but it isn’t necessary to visit every district. Teams start from their own home address.

Within each district there will either be a check and rest point, to get refreshments and meet other travellers, or a landmark where teams take a selfie with the car. Teams will receive giant car stickers (see the logo) for their vehicle. Members of the public are welcome to join the tour. Registration is online and costs £35. It is not a race.

RIBI President Denis Spiller said: “This event is for everyone from Rotarians to members of the public, plus even if you can’t take part, you can visit the rest points and see the wide range of cars which will be on display. There will be classic cars, bangers and I have heard a rumour about an old ambulance which is being painted purple. I am looking forward to getting on the road and helping End Polio Now.”

District 1190 (Cumbria & Lancashire) has its check point at Barton Grange on the A6 south of Garstang. Rotarians prepared to volunteer with stewarding are asked to contact PDG Malcolm Baldwin.
Keep Our Future Afloat!

At a recent meeting of the Rotary Club of Furness, Terry Waiting told of the activities of KOFAC – Keep Our Future Afloat Campaign – which he chairs. It’s a lobby group dedicated to telling the world and his dog about the Furness area, it’s vital contribution to our nation’s defence and the valuable & unique skills there.

The group was formed in 2004 as a Trade Union and community lead, non-political organisation seeking to sustain the core workload needed for Britain’s naval and submarine industry. KOFAC champions the strategic need to deliver maritime programs and does so by constantly lobbying the country’s MPs, defence industry leaders, MOD and others. They visit the Labour and Conservative Party Conferences where they take central positions to tell their story.

That was when the community got together and forged KOFAC. Initially they managed draw in finance for projects not related to the shipyard, but at least they kept the local economy working. Some projects were focussed on mothballing some important aspects of the shipbuilding scene. While not the most dramatic, it was a necessary exercise to sustain our future.

Was KOFAC successful, did they influence opinion? Perhaps the current order book and £44 billion submarine programme says they did. Terry thinks we need to continue building submarines and utilise the incredible skill set we have and not to seek to build cruise ships as some suggest. The Italians build cruise ships, we build submarines. That’s no reflection on the ability of ship builders in either country, just that the Italians have got cruise line building down to a fine art, likewise our engineers and designers in Barrow are world beaters at submarine construction.

Finishing with a few relevant statistics; currently there are 11,000 working in BAE, 8,000 are permanent staff, including many apprentices and 3,000 are contractors who ebb and flow as the work dictates, and the wages paid out do a powerful job in our local economy.

Graham Postlethwaite

District Officers Handover

1st July 2018
Sizergh Castle, Kendal

4-30 pm
Choice of Walks with the National Trust Rangers or Tour of the Gardens with Head Gardener

6pm Summer Reception and Buffet

Further details available at District Council and on the website.
Santa Collection

At a recent meeting, the residents of Church & Oswaldtwistle were thanked by the club for contributing £4,166 to the house to house collections during the month of December when Santa and his sleigh toured the district. An additional £2,325 was raised by collections at ASDA and TESCO which will be going to the North West Air Ambulance, the Accrington Blind Society, the Oswaldtwistle Food Bank and the MS Society.

Ken Freeman, Fundraising Chairman for the club who was the lead organiser, paid tribute to the ‘Teams’ of people who assisted club Rotarians manning the sleigh at the Supermarkets. Santa and his sleigh visited eleven areas in Church and Oswaldtwistle and three schools.

Santa reliably informs us that the children ‘munched’ through 31 boxes of chocolates!!

Iron Lung

On Saturday 24th February the club organised the display of a full size working model of an Iron Lung outside the foyer of the Accrington ASDA supermarket. Since 1985 Rotary International has embarked on a crusade to eradicate polio (Poliomyelitis) worldwide. In that year over 350,000 children in 125 endemic countries were paralysed by this deadly virus. The numbers today are less than 20 cases with only 3 countries still suffering it.

Prior to 1950 before polio vaccines became available, the only answer to prevent people dying from polio meant being immersed in an iron lung, in some cases for the rest of their lives. The cost was around £1,000 each which hospitals couldn’t afford. The famous Morris-Nuffield carmakers stepped in and manufactured 5,000 machines which they donated free to hospitals across the UK. The last lung left St Thomas hospital in London 2 years ago.

Shoppers were invited to inspect the iron lung and some people entered the iron lung to experience being immersed. The deputy Mayor of Hyndburn Councillor Mohammad Ayub and Deputy Mayoress Noreen Ayub kindly attended the event.

Nepal Trip

At a recent meeting a presentation about the problems young girls face in Nepal was made by Ella Brierley, a 16-year-old student who shortly will be entering the sixth form of Bacup and Rawtenstall Grammar school. She has been Girl Guiding since she was four and is currently working towards her Gold Duke of Edinburgh award, which requires a significant challenge to be overcome. Ella elected to be on a team going to Nepal and was selected to join a group going to educate young girls about menstruation.

The cost of the trip will be £2,200 and Ella set about raising the money first by organising a quiz where 200 people took part. Then she held a Christmas raffle and a very successful sale of doughnuts. She has also done the rounds of organisations like Rotary clubs who have contributed.

Rotarian George Blenkinship who 3 years ago spearheaded a joint Rotary project in Nepal building a water supply and toilet block said “Ella should be congratulated for coming along to make a presentation of the Girl guiding project in Nepal. This programme of helping families to understand the sensitive nature of menstruation, will hopefully result in young girls being treated normally.”

Mike Jackson
### Student attends Rotary Youth Programme

Matthew Dobson, a 15-year-old student who attends Rhyddings Business and Enterprise School, has recently completed a week-long course in the Lake District. RYPEN (Rotary Youth Programme for Enrichment) is designed to give young people experience of teamwork, leadership, and confidence. During the time they spend at Castle Head in Grange over Sands, the students, who come from various Rotary clubs in the North West, engage in activities such as hiking, canoeing, climbing, and a 2-day self-supported expedition on the Lakeland fells.

Lyndon Heap, President of Church and Oswaldtwistle said, “We are pleased to nominate each year a student from Rhyddings School who we know will gain valuable experience from this course.” Carmel Cunliffe, Business Manager from the school said, “We very much appreciate the close ties we have with the Rotary club and we consider this exchange is very important to both parties.

The photo shows Matthew Dobson

### Major work at station

Three major jobs have been completed on the external approach to the station. The subway which for years has been in a very poor state has been painted in brilliant white, steel meshing has been installed to prevent pigeon roosting, and the undergrowth on the approach to the station has been removed and 4 tonnes of chippings laid.

As far as inside the station is concerned, Rotarians have turned up every Saturday morning for the past 2 years and travellers will observe that both the very long platforms are entirely clear of weeds. The staircases are power washed on a frequent basis and sweeping of leaves is carried out continuously.

President Lyndon Heap said, “Our Rotary Club is very proud to be associated with the improvement of our local railway station, this is probably our largest ongoing community project and we are thankful of all the help we get from Rotarians and friends of Rotary.”

**Mike Jackson**

### New school joins Rotakids

The club were delighted to welcome Hippings Methodist school into the very popular Rotakids scheme at a special assembly for the presentation of the Rotakids certificates and to confirm their officials in their new roles. The Rotakids President will be Matilda Rigby and her team will consist of Vice President, Chelsea Ellis, Treasurer, Charlotte Davies and Secretary, Freddie Hudson.

Guest of honour at the assembly was the Lead Rotakids coordinator for Lancashire and Cumbria, Mrs Margaret Lund, who gave a talk to the whole school about being part of Rotakids. Most important was the time and effort put into helping the community both at home and abroad. Local Rotakids coordinator Cath Heap said, “I want to thank Head Teacher Mrs Westwell for inviting us into the school. I am very much looking forward to working with Deputy Head teacher Mr Smith and the Year 5 children, who will be our Rotakids group.”

If any other local primary school is interested in having a Rotakids club in their school please contact Cath at cathheap57@gmail.com and she will be happy to visit and talk to them about it.

**Cath Heap**
From fabulous flowers, to gadgets for gardeners, there’s heaps to uncover outdoors this season.

For inside inspiration, our refreshing furnishings and colourful cookware will add those subtle spring touches.

Plus, you’ll discover sweet treats and savoury delights in both our restaurants and The Farm Shop.

Barton Grange Garden Centre | Garstang Road | Brock | Preston | PR3 0BT
01995 642900 | www.bartongrange.co.uk | mail@bartongrange.co.uk
<table>
<thead>
<tr>
<th>Club</th>
<th>Meeting Date</th>
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<tr>
<td>Accrington</td>
<td>Thursday at 12:30</td>
<td>Blackburn Rd, Clayton Le Moors B55 5JP <a href="mailto:secretary@accrington.rotary190.org">secretary@accrington.rotary190.org</a></td>
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<tr>
<td>Ambleside</td>
<td>Thursday at 17:45</td>
<td>The Salutation Hotel, Ambleside LA22 9BX secretary@ambleside(rotary1190.org</td>
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<tr>
<td>Ambleside Kirkstone</td>
<td>Tuesday at 19:45</td>
<td>The Salvation Hotel, Ambleside LA22 9BX <a href="mailto:secretary@amblesidekirkstone.rotary1190.org">secretary@amblesidekirkstone.rotary1190.org</a></td>
</tr>
<tr>
<td>Appleby</td>
<td>Wednesday at 19:30</td>
<td>Tufton Arms Hotel, Market Square, Appleby, Cumbria, CA16 6XA</td>
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<td>Bacup</td>
<td>Tuesday at 18:00</td>
<td>Central Methodist Church Hall, Burnley Road, Bacup OL13 8AE</td>
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<td>Barnoldswick &amp; Earby</td>
<td>Thursday at 17:30</td>
<td>Rolls Royce Leisure Centre, Skipton Road, Barnoldswick BB18 5RU</td>
</tr>
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<td>Barrow-in-Furness</td>
<td>Tuesday at 12:30</td>
<td>Lisdoonie Hotel, Abbey Road, Barrow In Furness LA14 5LF</td>
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<tr>
<td>Bassenthwaite</td>
<td>Monday at 19:15</td>
<td>The Pheasant, Bassenthwaite CA13 9YE <a href="mailto:bass.rotary@btinternet.com">bass.rotary@btinternet.com</a></td>
</tr>
<tr>
<td>Blackburn</td>
<td>Wednesday at 18:30</td>
<td>Ribchester Arms, Ribchester, Preston PR3 32Q8 <a href="mailto:secretary@blackburnrotary.org">secretary@blackburnrotary.org</a></td>
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<tr>
<td>Blackpool</td>
<td>Thursday at 12:30</td>
<td>Sheraton Hotel, Queens Promenade, Blackpool FY2 9RP secretary@blackpool(rotary1190.org</td>
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<tr>
<td>Blackpool Palatine</td>
<td>Tuesday at 19:00</td>
<td>The Clifford Hotel, Queens Promenade, North Shore, Blackpool FY2 95G <a href="mailto:palatine@uwclub.net">palatine@uwclub.net</a></td>
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<tr>
<td>Blackpool South</td>
<td>Monday at 18:30</td>
<td>Blackpool Park Golf Club, North Park Drive, Blackpool FY3 BLS</td>
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<tr>
<td>Blackpool Sunrise</td>
<td>Friday at 07:30</td>
<td>Carousel Hotel, 661-671 New South Promenade, Blackpool, FY4 1RN secretary@blackpoolsunrise(rotary1190.org</td>
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<tr>
<td>Brampton &amp; Longtown</td>
<td>Wednesday at 19:15</td>
<td>The Golden Fleece, Ruleholme, Irthington, Carlisle C4 4NF secretary@bramptonlongtown(rotary1190.org</td>
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<tr>
<td>Burnley</td>
<td>Monday at 18:00</td>
<td>The Oaks Hotel, Colne Road, Reedyburn, Burnley BB3 2LW <a href="mailto:Secretary@BurnleyRotary.org">Secretary@BurnleyRotary.org</a></td>
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<tr>
<td>Burnley Pendleside</td>
<td>Wednesday at 09:00</td>
<td>Belvedere &amp; Calder Vale Sports Club, Holden Road, Reedyburn BB3 2LE secretary@burnleypendleside(rotary1190.org</td>
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<tr>
<td>Carlisle</td>
<td>Wednesday at 12:30</td>
<td>Shepherd’s Inn, Montgomery Way, Rosehill Estate, Carlisle CA1 2RW secretary@carlisle(rotary1190.org</td>
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<tr>
<td>Carlisle Castle</td>
<td>Thursday at 18:45</td>
<td>Hallmark Hotel, Court Square, Carlisle CA1 1QY secretary@carlislecastle(rotary1190.org</td>
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<td>Carlisle South</td>
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<td>Carnforth</td>
<td>Thursday at 19:00</td>
<td>The Longlands Hotel &amp; Restaurant, Tewitfield, Carnforth LA6 1JH secretary@carnforth(rotary1190.org</td>
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<tr>
<td>Chorley Astley</td>
<td>Monday at 19:15</td>
<td>The Park Hall Hotel, Charnock Richard, Chorley PR7 5LP secretary@chorleyastley(rotary1190.org</td>
</tr>
<tr>
<td>Church &amp; Oswaldtwistle</td>
<td>Monday at 12:15</td>
<td>The Dunkenhall Hotel, Blackburn Rd, Clayton Le Moors B55 5JP <a href="mailto:candorotary@gmail.com">candorotary@gmail.com</a></td>
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<tr>
<td>Clitheroe</td>
<td>Thursday at 12:30</td>
<td>The Rose and Crown Hotel, Castle Street, Clitheroe BB7 2BT secretary@clitheroe(rotary1190.org</td>
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<tr>
<td>Cockermouth</td>
<td>Friday at 12:30</td>
<td>Hundith Hill Hotel, Lorton Vale, Cockermouth CA13 9TH secretary@cockermouth(rotary1190.org</td>
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<tr>
<td>Colne Noyna</td>
<td>Tuesday at 19:30</td>
<td>The Alma Inn, Emmott Lane, Colne B88 7EG secretary@colnenoyna(rotary1190.org</td>
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<tr>
<td>Darwen</td>
<td>Monday at 18:00</td>
<td>The Hawkshaw Suite, Hawkshaw Avenue, Darwen BB3 1QZ secretary@darwen(rotary1190.org</td>
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<tr>
<td>Fleetwood</td>
<td>Wednesday at 17:30</td>
<td>The North Euston Hotel, The Esplanade, Fleetwood FY7 6BN secretary@fleetwood(rotary1190.org</td>
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<tr>
<td>Furness</td>
<td>Wednesday at 18:15</td>
<td>Michaelson House Hotel, Fairfield Lane, Barrow-in-Furness LA13 9AN</td>
</tr>
<tr>
<td>Garstang &amp; Over Wyre</td>
<td>Wednesday at 19:00</td>
<td>Garstang Country Hotel &amp; Golf Club, Bowgreave Drive, Garstang PR3 1YE secretary@garstangoverwyre(rotary1190.org</td>
</tr>
<tr>
<td>Grange-over-Sands</td>
<td>Wednesday at 12:00</td>
<td>Nethereden Hotel, Grange-over-Sands LA11 6ET secretary@grangeoversands(rotary1190.org</td>
</tr>
<tr>
<td>Great Harwood &amp; Rishton</td>
<td>Tuesday at 19:30</td>
<td>Foxfields Country Hotel Whalley Road, Billington, Clitheroe BB7 9YY <a href="mailto:gharcs@gmail.com">gharcs@gmail.com</a></td>
</tr>
<tr>
<td>Kendal</td>
<td>Monday at 12:30</td>
<td>Stonecross Manor Hotel, Milnthorpe Road, Kendal LA9 5HG secretary@kendal(rotary1190.org</td>
</tr>
<tr>
<td>Kendal South Westmorland</td>
<td>Tuesday at 19:00</td>
<td>The Villa Levens, Brettargh Holt, Levens, Kendal LA9 8EF secretary@kendalsouthwestmorland(rotary1190.org</td>
</tr>
<tr>
<td>Keswick</td>
<td>Thursday at 12:30</td>
<td>Skiddaw Hotel, Market Square, Keswick CA12 5BN <a href="mailto:secretary@keswickrotary.org.uk">secretary@keswickrotary.org.uk</a></td>
</tr>
</tbody>
</table>

Here are the Club meeting dates, venues and times. You are invited to contact the various secretaries via their email address highlighted in blue.

Spring 2018 17
Kirkham & Rural Fylde
Thursday at 1st, 3rd & 5th at 19:00 for 19:30
The Restaurant, Ribby Hall Village, Wrea Green, Preston PR4 2PA
secretary@kirkhamruralfylde.rotary1190.org

alternates venue
Thursday 2nd & 4th at 18:00 for 18:30
The Ship Inn, Freckleton

Lancaster
Monday at 17:45
The Holiday Inn, Waterside Park, Caton Road, Lancaster LA1 3RA
secretary@lancaster.rotary1190.org

Lancaster Loyne
Tuesday at 19:30
Globe Arena Morecambe
(MORECAMBE FOOTBALL CLUB) LA4 4TB
secretary@lancasterloyne.rotary1190.org

Leyland
Thursday at 18:15 for 18:45
Farington Lodge Hotel, Stanfield Lane, Farington, Leyland PR2 5QR
secretary@leyland.rotary1190.org

Longridge & Preston North
Thursday at 18:30 for 19:00
Ferrari’s Country House Hotel, Longridge PR3 2TB
secretary@longridgenorthpreston.rotary1190.org

Lunesdale
Thursday at 19:30
The Castle Inn, Main Street,Hornby,Lancashire. LA2 8JJ
secretary@lunesdale.rotary1190.org

Lytham
Thursday at 12:30
Clifton Arms Hotel, West Beach, Lytham FY8 5QJ
secretary@lytham.rotary1190.org

Maryport
Wednesday at 19:30
Waverley Hotel, Curzon Street, Maryport CA15 6LW
secretary@maryport.rotary1190.org

Millom
Thursday at 18:30
Brookwood Hall, Whicham Valley, Millom LA18 5JS
secretary@millom.rotary1190.org

North Fylde
Wednesday at 20:00
Briardene Hotel, Trapp Lane, Simonstone, Nr Padiham BB12 7QW
secretary@northfylde.rotary1190.org

Padiham
Wednesday at 12:40
Higher Trapp Hotel, Trapp Lane, Simonstone, Nr Padiham BB12 7QW
secretary@padiham.rotary1190.org

Pendle View
Tuesday 2nd & 4th at 19:45 for 20:00
Rishon Cricket Club BB1 4HB
info@pendleviewrotary.org

Penrith
Monday at 18:00
George Hotel, Devonshire Street, Penrith, CA11 7SR
secretary@penrith.rotary1190.org

Poulton-le-Fylde
Wednesday at 19:00
Singleton Lodge , Lodge Lane, Singleton, Poulton-le-Fylde FY6 8BL
secretary@poultonlefylde.rotary1190.org

Preston
Wednesday at 12:15 for 12:30
Gulf Lounge, Invincibles Stand, Preston NE FC, Lowthorpe Road, Deepdale PR1 6RU
secretary@preston.rotary1190.org

Preston Amounderness
Monday at 18:15
Preston Marriott Hotel, Garstang Road, Broughton, Preston PR3 5JB
secretary@prestonamounderness.rotary1190.org

Preston Guild
Friday at 07:30
Scholars Restaurant, University of Central Lancashire PR1 2HE
secretary@prestonguild.rotary1190.org

Preston South
Tuesday at 12:30
Penwortham Golf Club PR1 0AX
secretary@prestonsouth.rotary1190.org

Ribblesdale
Monday at 19:30
Spread Eagle Hotel, Sawley, Clitheroe BB7 4NH
secretary@ribblesdale.rotary1190.org

Rossendale
Wednesday at 18:30
Sykeside Hotel, Haslingden, Rossendale BB4 6QG
secretary@rossendale.rotary1190.org

Silloth-on-Solway
Wednesday at 18:45 for 19:00
The Golf Hotel, Criffel St. Silloth-on-Solway CA7 4BL
secretary@sillothonsolway.rotary1190.org

South Ribble
Wednesday 1st & 3rd at 19:15 for 19:45
The Lancy Lion, 60 Hough Lane, Leyland PR2 5SB
secretary@southrible.rotary1190.org

St. Annes-on-the-Sea
Tuesday at 18:30 for 19:15
Fylde Rugby Club, Blackpool Road,Ansdell, Lytham St Annes FY8 4EL
secretary@stannesonthesea.rotary1190.org

Thornton Cleveleys
Monday at 12:30
Taylor Room, Cleveleys Park Methodist Church, West Drive, Thornton Cleveleys FY5 2BL
secretary@thorntoncleveleys.rotary1190.org

Ulverston
Monday at 18:30 for 19:00
The Olde Mill, Coast Road, Barrow, Ulverston LA12 9RB
secretary@ulverston.rotary1190.org

Upper Eden
Tuesday at 19:00 for 19:30
Upper Eden Rugby Club Pennine Park Westgarth Kirkby Stephen CA17 4TF
secretary@uppereden.rotary1190.org

West Lakeland
Tuesday at 19:30
The Red Admiral, Gosforth, Seascale CA20 1PB
secretary@westlakeland.rotary1190.org

Whitehaven
Tuesday 2nd & 4th at 12:30; 1st & 3rd at 19:00
Chase Hotel, Inkerman Terrace, Whitehaven CA28 8AA
secretary@whitehaven.rotary1190.org

Wigton
Wednesday at 19:00 for 19:30
The Greenhill Hotel, Red Dial. Wigton CA7 8LS
secretary@wigton.rotary1190.org

Windermere
Wednesday at 18:00
Laura Ashley Hotel, The Beulfield, Kendal Road Bowness-on-Windermere LA23 1EL
secretary@windermere.rotary1190.org

Workington
Wednesday at 12:15
Hunday Manor Hotel, Winscales, Workington CA14 4JF
secretary@workington.rotary1190.org

Workington Derwent
Monday at 19:00
The Olde Mill, Coast Road, Barrow, Workington CA14 4JF
secretary@workingtonderwent.rotary1190.org

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